



Department of Education
Region X-Northern Mindanao
DIVISION OF MALAYBALAY CITY
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DIVISION MEMORANDUM
No. 045, s. 2013

2013-02-14C
Deped-MALAYBALAY CITY DIVISION
RELEASED

Date: 02-13-13 Time: 2:40 pm
By: [Signature]

**To: Public Schools District Supervisors
Elementary and Secondary Public/Private School Heads
This Division**

From: EDILBERTO L. OPLENARIA
Schools Division Superintendent

**Subject: ADDENDUM TO REGIONAL MEMORANDUM NO.10, S.2013, RE
DIVISION BASED AND UNIFIED ATHLETIC INTENSIVE TRAINING**

Date: February 12, 2013

1. Per Regional Memorandum No. 24, s. 2013, the field is hereby informed *re Division Based and Unified Athletic Intensive Training, the arrival and registration of athletes, coaches, chaperons, trainers, team managers and regional staff shall be on February 18, 2013 at the Mindanao Civic Center (MCC), Tubod, Lanao del Norte* while training proper shall immediately start on February 19, 2013.
2. Athletes of Special Games shall report to MCC, Tubod, Lanao del Norte on April 8, 2013. Athletic training for special athletes shall be done at their respective schools with the supervision of MS. JOY SABANPAN, Regional SPED Coordinator and MS. ALMA PENONIA, Special Games Technical Expert.
3. Athletes in Lawn Tennis (B) elementary and secondary, Taekwondo (B) secondary, Athletics (G) elementary and secondary; and Swimming (B) elementary who undergo Division Based training in Malaybalay City shall report to MCC, Tubod, Lanao del Norte on February 18, 2013. (Assembly time is 7:00am at the Division office and will depart at exactly 7:30am).
4. Attached are working committees, training schedule, trainers and weekly assignment of PESS Supervisors as officer of the week for information and guidance.
5. Immediate dissemination of this Memorandum is desired.

**UNIFIED ATHLETIC INTENSIVE TRAINING
WORKING COMMITTEES**

Chairman - **HON. MOHAMMAD KHALID Q. DIMAPORO**
Provincial Governor

Co chairman - **DR. ALLAN G. FARNAZO**
Regional Director

Members - **SDS EMMALINDA DUHAYLUNGSOD**
ASDS EDWIN MARIBOJOC
WILFREDA T. FAMADOR
RAYMUND S. ANTOLO

Finance

Chair : ELIMINDA O. YAMUT
Co chair : MARY ANN D. NERI
Member : GRACE CUERPO

Technical Training

Chair : EULOGIO A. SUANER, JR.
Co chair : CARMELA ABLIN
Members : REX RAZO
ROGER DUHAYLUNGSOD

Food

Chair : ROSITA P. YBURAN
Co Chair : JEFI HONA
Members : RUTH ALEJADO
AIDA AMANCILLO

Camp Prefect of Discipline

Chair : NOE D.SIMENE
Co-chair : RESTITUTA ALMONIA
RODRIGO JUMAMOY
Members : RICARDO LAPIZ
JOEL PANGASIAN
GLORIA ABALES
JOEL LARIBA
RODOLFO ANGULO

Screening of Athletes and Coaches

Chair : ROGELIO EVANGELISTA
Co chair : EDGAR YANEZ
Member : ARMAND LIANDA

Medical

Chair : DR. BALDOMERO MARK MESO
Co Chair : MERLYN PAGAYON
Members : Public School Nurses

Supplies/Toiletries

Chair : IMELDA ROMA
Co Chair : EMMA BALAN
Member : ANNIE ROXAS
ROGER BALUYOT

Parade

Chair : MANUEL JANUBAS
Co chair : DEXTER DALAGAN
Member : RODOLFO ANGULO

NMRAA UNIFIED INTENSIVE TRAINING (PHASE 2)

February 18, 2013 to April 5, 2013

GENERAL TRAINING SCHEDULE

TIME	ACTIVITIES	Persons Responsible
4:30 AM	Wake up call	Camp In-Charge
4:30-4:50AM	Drink Something Hot	Kitchen Personnel
4:50-5:00AM	Checking of Attendance	Camp In-Charge
5:00-5:05AM	Prayer/ Devotional	Sponsor's Team
5:05-5:10AM	Reminders/Message	Officer In-Charge
5:10-5:20AM	Hataw/Unity Body Conditioning	Training Team Sponsor's Team
5:20-7:30AM	Body Conditioning by Event	Coach/Trainer
7:30-8:30AM	Wash-up/Breakfast	Kitchen Personnel
8:30-11:30 NN	Training Proper by Event	Coach/Trainer
11:30-1:00PM	Lunch	Kitchen Personnel
1:00- 2:00PM	Rest/Lecture	Coach/Trainer
2:00- 5:00PM	Training Proper by Event	Coach/Trainer
5:00- 6:30PM	Wash-up /Cleaning/Saludo Practice	Saludo Team
6:30- 7:30PM	Dinner	Kitchen Personnel
7:30- 9:00PM	Meeting/Lecture /Assessment	All Concern
9:00 PM	Curfew / Checking of Attendance	Camp In-Charge

NMRAA UNIFIED INTENSIVE TRAINING (PHASE 2)
MCC, Tubod, Lanao Del Norte
February 18, 2013 to April 5, 2013

Team Assignment

Team A

Mr. Roger Duhaylungsod
 Mr. Priscillano Gimena
 Mr. Rex Razo
 Ms. Carmela Ablin
 Ms. Isabel Casilang
 Mr. Daynus
 Mr. Johnny Redondo

Team B

Mr. Felcor Blanco
 Mr. Pablito Altubar
 Mr. Johnnel Goangco
 Ms. Lou Ann Cultura
 Mr. Rey Adajar
 Mr. Eulogio R. Suaner Jr.
 Mr. Roy Dagaraga

Date	Team Assignment	Team Leader
February 18 to February 25, 2013	Team A	Mr. Roger Duhaylungsod
February 25 to March 4, 2013	Team B	Mr. Felcor Blanco
MARCH 4 to March 11, 2013	Team A	Mr. Priscillano Gimena
MARCH 11 to March 18, 2013	Team B	Mr. Pablito Altubar
MARCH 18 to March 25, 2013	Team A	Ms. Isabel Casilang
MARCH 25 to April 5, 2013	Team B	Mr. Johnnel Goangco

Evaluation Schedule

Date	Participants	Host Team
Monday, February 25, 2013	EPS, Trainer, Coaches	Team A
Monday, March 04, 2013	EPS, Trainer, Coaches	Team B
Monday, March 11, 2013	EPS, Trainer, Coaches	Team A
Monday, March 18, 2013	EPS, Trainer, Coaches	Team B
Monday, March 25, 2013	EPS, Trainer, Coaches	Team A
Friday, April 05, 2013	EPS, Trainer, Coaches	Team B

**ASSIGNMENT OF SCHOOLS DIVISION SUPERINTENDENTS AND
PESS SUPERVISORS/SCHOOL HEADS AS EVENT AND TEAM MANAGERS**

Sports Event	Schools Division Superintendents (Event Managers)	PESS Supervisors & School Heads (Team Managers)
Athletics	SDS Ingrid Racoma	Artemio Rey Adajar
Arnis	SDS Emmalinda Duhaylungsod	Carmela Ablin
Archery	ASDS Edwin Maribojoc	Josephine Viscaya
Basketball	SDS Victoria Gazo	Roger Duhaylungsod
Baseball	SDS Cora Asa	Rodelio Daynus
Boxing	SDS Roy Angelo Gazo	Rogelio Dagaraga
Badminton	ASDS Edgar Abanil	Armando Lianda
Chess	ASDS Reynaldo Manuel, Jr	Edgar Yanez
Football		Johny Redondo
Gymnastics	SDS Cherry Mae L. Limbaco	Felda Cuevas
Sipa/Sepak	SDS Agustines Cepe	Priscillano Gimena
Softball	SDS Myrna Castanos	Pablito Altubar
Swimming	SDS Randolph Tortola	Rex Razo
Table Tennis	SDS Rebonfamil Baguio	Jonel Guangco
Taekwondo	SDS Ma. Elena Borcillo	Eulogio Suaner, Jr
Tennis	SDS Edilberto Oplenaria	Lou Ann Cultura
Volleyball	SDS Bertilla Rayos (Elem) SDS Jonathan dela Pena (Sec)	Isabel Casilang Felcor Blanco
Special Games	ASDS Sunny Ray Amit ASDS Jesnar Dem Torres	Joy Sapanpan Alma Penonia

TRAINERS

EVENT	TRAINERS	Associate Trainers (Training Level Only)
<i>Athletics</i>	Alexander Ligtas (Head) Vicente del Puerto (Sprint) Servando Namalata (Throwing) Salvador Apa (Long Distance) Cesar Valerio (Jumps/Hurdle)	
<i>Archery</i>		Mario Pactoran
<i>Arnis</i>	Michael Brent Udal	Danilo Anticamara
<i>Basketball</i>	Arvin Martinez Raul Fuentes (TLO)	
<i>Badminton</i>		
<i>Baseball</i>	Jason Tagalogon	Marcel Tagalogon Rosalio Vitorillo
<i>Boxing</i>	Rolando Tuyogon	
<i>Chess</i>		Greg Magsayo
<i>Football</i>	Manly Luzano	
<i>Gymnastics</i>	<i>(To invite National Experts)</i>	Esther Waga Manuel Janubas
<i>Sipa/Sepak</i>	Francisco Talanda	
<i>Softball</i>	Dionesio Salamanca (TLO) Cyril Celetaria	
<i>Swimming</i>	Kharim Aljias Joshua Inciong	Myrna Balang Chita Paraguya
<i>Table Tennis</i>	Dario Hernane Francisco Villamin	
<i>Taekwondo</i>	George Arsenal	
<i>Tennis</i>	Joseph Abella (TLO)	
<i>Volleyball</i>	Glen Cabatuan Ferdinand Ramos (TLO) Dionesio Canizares (TLO)	
<i>Special Games</i>	Rico Sumastre (TLO) Roldan Gamale (TLO)	
TLO – Training Level Only		