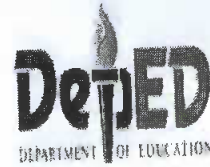


Department of Education
Region X-Northern Mindanao
DIVISION OF MALAYBALAY CITY
Cor. Don Carlos - Guingona Sts., Malaybalay City
Telefax # 088-813-2894, E-mail add: depedmlyblycity@yahoo.com



148
Deped-MALAYBALAY CITY DIVISION
RELEASED

DIVISION MEMORANDUM
No. 289, s. 2013

Date: 10-11-13 Time: 11:37
By: [Signature]

SPECIAL PROGRAM IN SPORTS: TRAINING ON THE FIRST LEVEL COACHING

To : Education Program Supervisors & Division Coordinators
Public Schools District Supervisors
Public and Private Secondary School Heads
This Division

From : [Signature]
EDILBERTO L. OPLENARIA
Schools Division Superintendent

Date : October 11, 2013

1. Pursuant to DepEd Memorandum No. 184, s. 2013, the field is hereby informed that the Bureau of Secondary Education (BSE) will conduct the **Special Program in Sports: Training on the First Level Coaching on October 26 - 30, 2013 at Teachers Camp, Baguio City.**
2. The training aims to enhance the knowledge and skills of participants on the new trends and strategies in coaching sports, which can be replicated in the course of the SPS implementation.
3. The participants to this training include one regional sports supervisor, one division sports supervisor, sports coordinators, school heads and teachers of SPS lead schools/recipients of the financial subsidy; of other schools implementing the program, and public and private schools, which are interested to implement the Special Program in Sports.
4. A registration fee of **Five Thousand Pesos (P 5,000.00)** shall be charged to each participant to cover board and lodging, transportation of participants to and from the training venue, supplies and materials, honoraria of resource persons and other incidental expenses relative to the training-seminar. Registration fee and travelling expenses of participants shall be charged to MOOE/SEF/Local funds subject to the usual accounting and auditing rules and regulation.
5. Enclosed are the confirmation of participants form and the schedule of activities.
6. Immediate dissemination of this Memorandum is desired.



Republic of the Philippines
Department of Education

04 OCT 2013

DepEd MEMORANDUM
No. **184**, s. 2013

SPECIAL PROGRAM IN SPORTS: TRAINING ON THE FIRST-LEVEL COACHING

To: Undersecretaries
Assistant Secretaries
Bureau Directors
Directors of Services, Centers and Heads of Units
Regional Directors
Schools Division/City Superintendents
Heads, Public and Private Secondary Schools

1. In line with the Bureau of Secondary Education's intention to address the levels of teachers implementing the Special Program in Sports (SPS), the Three Level-Coaching for Beginning, Developing and Advanced Teachers shall be conducted for three years. For this year, the **Special Program in Sports: Training on the First-Level Coaching** will be conducted on October 26-30, 2013 at the Teachers Camp, Baguio City.
2. The training aims to enhance the knowledge and skills of participants on the new trends and strategies in coaching sports, which can be replicated in the course of the SPS implementation.
3. Participants to the training include one regional sports supervisor, one division sports supervisor, sports coordinators, school heads and teachers of SPS lead schools/recipients of the financial subsidy, of other schools implementing the program and of public and private schools, which are interested to implement SPS.
4. A registration fee of Five Thousand Pesos (P 5,000.00) shall be charged to each participant to cover board and lodging, transportation of participants to and from the training venue, supplies, and materials, honoraria of resource persons, and other incidental expenses relative to the training-seminar. Registration fee and traveling expenses of participants shall be charged to Maintenance and Other Operating Expenses (MOOE)/Special Education Fund (SEF)/local funds, while board and lodging and traveling expenses of resource persons and training staff shall be charged to BSE Funds, subject to the usual accounting and auditing rules and regulations.
5. The registration will start at 3:00 p.m. on **October 25, 2013** at the venue. The first meal to be served will be dinner on **October 25** and the last meal will be lunch on **October 30, 2013**.
6. For more information and confirmation of participants (format enclosed), all concerned may contact any of the following: **Ms. Rosa Ligaya C. Domingo** or **Ms. Erlinda F. Estrada**, Staff Development Division-Bureau of Secondary Education (SDD-BSE), 3/F Bonifacio Bldg., Department of Education (DepEd), Meralco Avenue, Pasig City at telefax no.: (02) 632-7586.
7. Immediate dissemination of this Memorandum is desired.


BR. ARMIN A. LUISTRO FSC
Secretary

Encl.:

As stated

Reference:

DepEd Memorandum: No. 59, s. 2006

To be indicated in the Perpetual Index
under the following subjects:

OFFICIALS
SECONDARY EDUCATION
SPORTS
TEACHERS
TRAINING PROGRAMS

R-MCR/DM-SPS Training on the First Level Coaching
0808/August 29, 2013

SPECIAL PROGRAM IN SPORTS (SPS): TRAINING ON THE FIRST LEVEL-COACHING
 Teachers Camp, Baguio City, October 26-30, 2013

SCHEDULE OF ACTIVITIES

Time	Date	October 25	October 26	October 27	October 28	October 29	October 30
5:30 - 7:00				B R E A K F A S T			
7:45 - 8:00			Unfreezing/Management of Learning/Sports Drills				
8:00			PS 4 Safety Management and First Aid	Lecture/Practicum Rules and Regulations per Sport		Lecture/Practicum Coaching Strategies	Clearing House Next Steps
9:00				S N A C C K			
10:00 - 10:20			PS 1 The SPS under the Sports Track	Lecture/Practicum Pre Tests Introduction to Coaching			Closing Program
10:20 - 12:00				L U N C H			
12:00 1:30		Arrival and Registration	PS 2 Performance Nutrition		Session w/ Reg'l/ Div. Supervisors, Sports Coords, and School Heads	Performance Assessment of	Home Sweet Home
1:30 - 3:00				S N A C C K			
3:00 - 3:20							
3:20 - 5:00			PS 3 Introduction to Exercise and Sport Physiology				Post Test
6:00 - 8:00			D I N N E R				

- PS 1**
- Information relative to the SPS under the Sports Track of the K to 12 Basic Education Program. Career path of graduates

- PS 2**
- The lecture focuses on first aid, CPR and basic sports injuries

- PS 3**
- The session focuses on sports and conditioning exercises and sports physiology

- PS 4**
- The lecture focuses on safety management, basics of first aid, and basic sports injuries **Lecture/Practicum**
 - The Resource persons shall administer pre and post tests and lecture on coaching **Session with the Regional/Division Supervisors, Sports Coordinators and School Heads**
 - The session, shall among others, discuss issues and concerns related to the SPS