




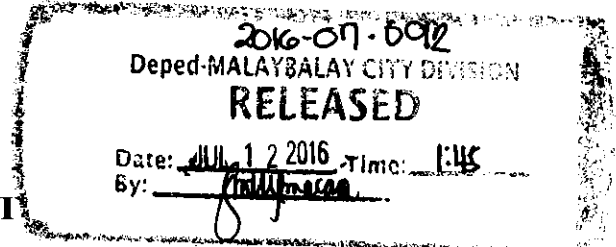
Department of Education
Region X- Northern Mindanao
DIVISION OF MALAYBALAY CITY



DIVISION ADVISORY

To: Chief Education Supervisors and staff - CID and SGOD
Public/Private Elementary and Secondary School Heads
All Others Concerned
This Division


From: **EDILBERTO L. OPLENARIA, CESO VI**
SIS Schools Division Superintendent



Date : July 12,2016

Re: **REINFORCE AWARENESS ON PREVENTION OF DENGUE FEVER
AND FOODBORNE DISEASES**

1. With the advent of the rainy season the likelihood of Dengue Fever and Food borne diseases is inevitable hence, this Office enjoins all concerned re:Regional Advisory dated July 5,2016 **Awareness on Prevention of Dengue Fever and Foodborne Diseases per DO 14 s. 2005**. Please find enclosure for your information and guidance.
2. School Heads are advised to mobilize resources and coordinate with other stakeholders to strengthen advocacy through information ,education and communication on prevention and control of Dengue Prevention through the implementation of **4S Strategy** and to refer to **DO 14 s. 2005 entitled Instructions to ensure consumption of nutritious and safe food in schools**.
3. Widest dissemination and compliance of this Memorandum is desired.



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
Zone 1 Upper Katulung
Cagayan de Oro City

Tayo
PARA SA
EDUKASYON

Telephone No. (088) 880-7072, 880-7071; email: region10@deped.gov.ph

ADVISORY

TO : The Schools Division Superintendents
This Region

FROM :  **ALLAN G. FARNAZO, CESO IV**
Regional Director

DATE : July 5, 2016

SUBJECT: **Awareness on Prevention of Dengue Fever and Foodborne Diseases**

DepED-X
Cagayan de Oro City

0 JUL 2016


4366

RECEIVED

1. Dengue fever is one of the country's major health concerns where school children become most vulnerable. The rainy season in our country has become synonymous dengue outbreak season. The *Aedes aegypti* mosquito, which carries the dengue virus, breeds in clear, stagnant water accumulated in cans, old tires, flower vases, pots, pails and other containers.
2. Foodborne illness is an infection or irritation of the gastrointestinal (GI) tract caused by food or beverages that contain harmful bacteria, parasites, viruses, or chemicals. Common symptoms of foodborne illness include vomiting, diarrhea, abdominal pain, fever, and chills.
3. For the information and guidance of all concerned, attached is the 4S Strategy for Dengue and refer to DO 14 s.2005 for food safety.
4. School officials are enjoined to mobilize all school health and nutrition personnel to disseminate information on the prevention and control of Dengue Fever and Foodborne Diseases.
5. Immediate dissemination of and compliance with this Memorandum is desired.

Incl.: As stated

C/SMB



Health Advisory DENGUE

Mag4S Laban sa Dengue

SEARCH and DESTROY

Para di mapunan ng tubig at pamugaran ng kiti-kiti:

- Pakian ang tubig at linisin ang flower vase mesan sa isang linggo
- Takpan ng kupa o butangin ang mga butas sa pakigat ng inyong baray
- Takpan ang mga limpa, drum o iba pang ambakan ng tubig
- Tanggapin at balasan ang mga gulong sa babaw ng inyong hubong o mga gulong sa inyong bahay
- Itaab ang mga kote, lata at iba pang maring pag-putan ng tubig at pangitugan ng lamok
- Lixer at alisin ang tubig sa paminggan.



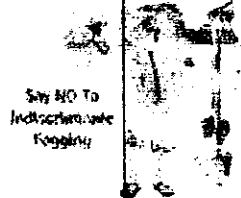
Search & Destroy



Self-protection Measures



Seek Early Consultation



Say NO To Indiscriminate Fogging

SELF-PROTECTION MEASURES

- Iwasan ang maulap na kasukatan upang di maging makagat ng lamok
- Magan ung gumamit ng mosquito net sa araw.

SEEK EARLY CONSULTATION

- Kung may kagnat na ng 2 araw at may rashes sa balat, pumunta at komunsulta agad sa pinakamalapit na health center o ospital.

SAY NO TO INDISCRIMINATE FOGGING

- Yes to fogging only during outbreaks



TO-DOH LABAN
SA DENGUE!