



DEPARTMENT OF EDUCATION  
Region X- Northern Mindanao  
**DIVISION OF MALAYBALAY CITY**  
Purok 6, Casisang, City of Malaybalay  
E-mail add: [dpdmlyblycity@yahoo.com](mailto:dpdmlyblycity@yahoo.com)  
Website: <http://www.depedmalaybalay.net>



2016-11-194  
DepEd MALAYBALAY CITY DIVISION  
**RELEASED**  
Date: NOV 15 2016 Time: 4:50  
By: *[Signature]*

**DIVISION MEMORANDUM**  
NO. 610 S. 2016

To: Chief Education Supervisors and Staff, CID & SGOD  
Public & Private Elementary and Secondary School Heads  
This Division

From: *[Signature]*  
**EDILBERTO L. OPLENARIA, CESO VI**  
Schools Division Superintendent

Date: November 14, 2016

Subject: **ENHANCEMENT LIVE -OUT TRAINING ON SPORTS COACHING**

1. Pursuant to Regional Memorandum No. 266, S. 2016 re: **Enhancement Live-Out Training on Sports Coaching**, this Office directs the Teacher-Coaches listed below to attend the aforementioned training on November 18- 20, 2016 at West City Central School, Cagayan de Oro City:

No.	Name	School	Event
1	Valerie De Leon	MCCS	Arnis
2	<i>Evelyn Ma</i>	<i>New Ilocos Es</i>	Arnis
3	Brendo Bacul	Sawaga ES	Track
4	Wensley Sagayoc	Busdi IS	Field
5	Michele Taneca	Malapgap ES	Field
6	Norma Sumaylo	St Peter NHS	Track
7	Jenelyn Relova	Managok CS	Badminton
8	Julie Ann Blasé	Managok CS	Badminton
9	Marciano Jurolan	Managok CS	Baseball
10	Nyms Docdocil	San Roque ES	Basketball
11	Doreen Bacasmot	MCCS	Basketball
12	Rey Baylosis	Managok CS	Chess
13	Jungen Bacul	Managok CS	Chess
14	Mae Quilaton	Sumpong CS	Football
15	Fe Sebuguero	MCCS	Lawn Tennis
16	Janice Hera Garces	MCCS	Lawn Tennis

17	Erwin Cabucos	Balambang ES	Sipak Takraw
18	Myrna Pulido	San Martin ES	Softball
19	Don Kevin Plazos	Bangcud CS	Swimming
20	Judie Escobio	Bangcud CS	Swimming
21	Evangelina Sabacajan	San Jose ES	Table Tennis
22	Elvira Datu	San Jose ES	Table Tennis
23	Angellique Macapundag	MCCS	Tae Kwon Do
24	Kristine Kaye Palma	Sumpung CS	Tae Kwon Do
25	Christi Tiza Maghanoy	BBCA	Volleyball
26	Niza Nancy Saluntau	BNHS	Archery
27	Daryl Sabote	St Peter NHS	Field
28	Jonah Bayag	BNHS	Track
29	Peter Manriquez	St Peter NHS	Track
30	Ellen Encipido	St Peter ES	Field
31	Joseph Tugas	BNHS	Arnis
32	Annie Rose Arangco	BNHS	Arnis
33	Loreto Labadan	BNHS	Baseball
34	Earl Joseph Tan Nery	BNHS	Baseball
35	Pelsie Pandong II	BNHS	Basketball
36	Rexan Tolibao	SIC-hs	Basketball
37	Lyrical Sol Gabrinez	BNHS	Basketball
38	Joel Licayan	BNHS	Basketball
39	Ramon Castor	BNHS	Badminton
40	Liliosa Castor	BNHS	Badminton
41	Joy Minoza	SILAE MHS	Billiard
42	Almaco Villanueva	BNHS	Billiard
43	Gery Quilaton	Managok NHS	Boxing
44	Noli Gardose	Managok NHS	Chess
45	Sarah Jane Garcia	Casisang NHS	Chess
46	Noli Cabilas	BUKSU	Chess
47	Valentino Eborá	BNHS	Football
48	Anthony Aresgado	BNHS	Futsal
49	Jason Suarez	San Martin AINHS	Lawn Tennis
50	Joel Hortilano	LNHS	Lawn Tennis
51	Jonathan Tadlip	San Martin AINHS	Sepak Takraw
52	Francis Manalo	BNHS	Softball
53	Aireen Sarauz	BNHS	Swimming
54	Anastacio Ordanza Jr	Managok NHS	Swimming
55	Nino Salingay	BNHS	Table Tennis
56	Julius Rosalejos	MCNHS	Table Tennis
57	Carl Arnold Palo	BNHS	Tae Kwon Do
58	Meriansky Realmonca	BNHS	Swimming

59	Rhea Rarogal	BNHS	Tae Kwon Do
60	Docelle Carmi Suarez	BNHS	Tae Kwon Do
61	Rainier Rosalejos	BNHS	Volleyball
62	Bernel Basaya	Bangcud NHS	Volleyball
63	Michael Galve	Casisang NHS	Wushu
64	Lucille Toston	Casisang CS	Athletics
65	Epraim Equipelag	Sta Ana ES	Wrestling
66	Gwendolyn Ocier	Linabo CS	Gymnastics
67	Junah Mae Olario	Casisang CS	Gymnastics
68	Angelica Leonardo	<i>Nabid-an</i>	<i>Swimming</i>
69	<i>Clarissa Villanueva</i>	MCCS	Athletics
70	Nova Marie Cagaanan	MCCS	Gymnastics

- Equip coaches the competitive skills in sports leading to higher meets;
- Update teacher-coaches on the trends of coaching and their roles as coaches of the 21st century; &
- Orient coaches of the forthcoming 2016 Regional Meet.

2. Registration fee of One Thousand Five Hundred Pesos (Php 1,500.00) shall be charged per participant to defray expenses for four (4) lunch, materials, honoraria & travelling expenses of resource speakers and other incidental expenses to be incurred during the conduct of the activity.

3. Participants are advised to bring travel order, medical certificate issued by a Government Physician and comfortable clothes for practicum and demonstration activities.

4. Enclosed are the Training Matrix and List of Tournament Managers for reference and information

5. Travelling and other expenses shall be charge against local funds subject to the usual accounting and auditing ruels and regulations.

6. Immediate dissemination of this Memorandum is hereby desired.

Incls. : As stated  
Reference :RM 266 s. 2016

To be indicated Under Perpetual Index of the following subjects:

Coaches                      sports program                      Physical Educcattion



Republic of the Philippines  
Department of Education  
**REGION X - NORTHERN MINDANAO**  
Zone 1 Upper Bahulang  
Cagayan de Oro City

Telephone No. : (088) 880-7072, 880-7071; email: region10@deped.gov.ph

**Tayo**  
PARA SA  
EDUKASYON

October 18, 2016

DepEd-RO  
Cagayan de Oro City

**REGIONAL MEMORANDUM**

No. 266, s. 2016

21 OCT 2016  
7307  
RELEASED

**ENHANCEMENT LIVE-OUT TRAINING ON SPORTS COACHING**

To : The Schools Division Superintendents  
This Region

- 1 This Office through Education Support Services Division (ESSD) & Human Resource Development Division (HRDD) in cooperation with the Divisions of Cagayan de Oro City & Misamis Oriental and Northern Mindanao Physical Education & School Sports Association (NMPESSA) will hold an ENHANCEMENT LIVE OUT TRAINING ON SPORTS COACHING on November 19-20, 2016 at Cagayan de Oro City. Details of the training venue shall be announced later.
- 2 The objectives of this training:
  - Equip coaches the competitive skills in sports leading to higher meets;
  - Update teacher-coaches on the current trends of coaching and their roles as coaches of the 21<sup>st</sup> century; &
  - Orient teacher coaches of the forthcoming 2016 Regional Meet.
- 3 Participants of this training are coaches qualified to coach in the 2016 Regional Meet and shall be recommended by the Schools Division Superintendents through the Chiefs of School Governance and Operations Division (SGOD).
- 4 Registration fee of One Thousand Five Hundred Pesos (Php 1,500.00) shall be charged per participant to defray expenses for four (4) lunch, materials, honoraria & traveling expenses of resource speakers and other incidental expenses to be incurred during the conduct of the activity.

5 Participants are advised to bring travel order, medical certificate issued by a Government Physician and comfortable clothes for practicum and demonstration activities.

6 Training Matrix and list of Tournament Managers are enclosed for reference and information.

7 Traveling expenses and registration fee of the participants shall be charged against local funds subject to the usual accounting and auditing policies, rules and regulations.

8 Immediate dissemination of this Memorandum is hereby desired.

  
**ALLAN G. FARNAZO**  
Director IV

Incls. : As stated  
Reference : RA 10588

To be indicated Under Perpetual Index of the following subjects:

Coaches                  Sports Program                  Physical Education

C/F/C3

**4-DAY TRAINING-WORKSHOP MATRIX ON COACHING**  
**NOVEMBER 17-20, 2016, CAGAYAN DE ORO CITY**

TIME	DAY 1	DAY 2	DAY 3	DAY 4
	AM: PLENARY SESSION	AM: BREAK - OUT SESSSION (PROCEED TO RESPECTIVE EVENTS)	AM: BREAK - OUT SESSION	AM: BREAK-OUT SESSION
8:00-9:00	> REGISTRATION (ON-LINE) > OPENING PROGRAM	> PRE-TEST (20%)	> PRACTICUM / DEMONSTRATION 40%	> POST TEST WITH RUBRICS (40%)
9:00-10:00	> COACHES ON THE 21st CENTURY (R. ANTOLO)	> COACHING SKILLS AND TECHNIQUES	• RUBRICS FOR THE PRACTICUM (STANDARDIZED)	
10:00 - 11:00	• SPORTS NUTRITION	> DRILLS / CONDITIONING		> CLOSING PROGRAM BY EVENT
11:00 - 12:00	• SPORTS PSYCHOLOGY			
	PM: PLENARY SESSION	PM: BREAK -OUT SESSION	PM: BREAK - OUT SESSION	
1:00 - 2:00	> SPORTS MEDICINE	> COACHING SKILLS AND TECHNIQUES	> CONTINUATION OF THE PRACTICUM / DEMONSTRATION 40%	
2:00 - 3:00	> SPORTS ETHICS	> DRILLS / CONDITIONING	• RUBRICS FOR THE PRACTICUM (STANDARDIZED)	
3:00 - 5:00	> SPORTS CONDITIONING			

### LIST OF TOURNAMENT MANAGERS

	TOURNAMENT MANAGERS	EVENT/DIVISION
1	RICO SUMASTRE	Athletics - Misamis Oriental
2	ALEXANDER LIGTAS	Athletics - Cagayan de Oro City
3	DANILO C. ANTICAMARA	Arnis - Lanao del Norte
4	MARIO PACTORAN	Archery - Misamis Oriental
5	MARCEL J. TAGALOGON	Baseball - Misamis Oriental
6	RODRIGO G. JUMAMOY	Baseball - Cagayan de Oro City
7	RAUL FUENTES	Basketball - Cagayan de Oro City
8	JAYPEE JUMAMOY	Basketball - Cagayan de Oro City
9	ANGELITO E. PAGARAN	Badminton - Gingoog City
10	CELSO L. PAGULON	Boxing - Cagayan de Oro City
11	LUDY THERESE CERIALES	Boxing - Cagayan de Oro City
12	GREG F. MAGSAYO	Chess - Misamis Oriental
13	ERIC R. LIM	Football - Iligan City
14	WALTER GALARROSA	Futsal - Misamis Oriental
15	ESTERIA G. WAGA	Gymnastics - Cagayan de Oro City
16	AURA O. VILLASTIQUE	Gymnastics - RG - Misamis Oriental
17	DUQUE CAGUINDANGAN	Gymnastics - MAG - Cagayan de Oro City
18	MAITA AKUT	Lawn Tennis - Misamis Oriental
19	FLORENCIO BURDADO	Table Tennis - Iligan City
20	DARIO HERNANI	Table Tennis - Cagayan de Oro City
21	EPIFANIO PAGAYON	Sepak Takraw -Lanao del Norte
22	MYRNA M. BALANG	Swimming -Misamis Oriental
23	CHITA P. PARAGUYA	Swimming -Misamis Oriental
24	DIONESIO D. SALAMANCA	Softball- Misamis Oriental
25	STARA MAE Q. TIONGCO	Taekwondo - Misamis Oriental
26	CRISANTO G. ROLDAN	Taekwondo - Bukidnon
27	FERDINAND RAMOS	Volleyball - Misamis Oriental
28	LERIO A. DEL PUERTO	Volleyball - Cagayan de Oro City
29	ALMA B. PENONIA	PARA Games - Cagayan de Oro City
30	DANILO S. SEVILLANO	Billiards - Cagayan de Oro City
31	SYLVIO CARCILLER	Wushu - Cagayan de Oro City



+Department of Education  
Region X- Northern Mindanao  
**DIVISION OF MALAYBALAY CITY**  
Purok 6, Casisang, Malaybalay City

T-O-2016-11-  
DepEd-MALAYBALAY CITY DIVISION

RELEASED

NOV 15 2016



November 14, 2016

**TRAVEL ORDER**  
NO. 627, s. 2016

TO:

No.	Name	School	Event
1	Valerie De Leon	MCCS	Arnis
2	Evelyn Ma	New Ilocos ES	Arnis
3	Brendo Bacul	Sawaga ES	Track
4	Wensley Sagayoc	Busdi IS	Field
5	Michele Taneca	Malapgap ES	Field
6	Norma Sumaylo	St Peter NHS	Track
7	Jenelyn Relova	Managok CS	Badminton
8	Julie Ann Blasé	Managok CS	Badminton
9	Marciano Jurolan	Managok CS	Baseball
10	Nyms Docdocil	San Roque ES	Basketball
11	Doreen Bacasmot	MCCS	Basketball
12	Rey Baylosis	Managok CS	Chess
13	Jungen Bacul	Managok CS	Chess
14	Mae Quilaton	Sumpong CS	Football
15	Fe Sebuguero	MCCS	Lawn Tennis
16	Janice Hera Garces	MCCS	Lawn Tennis
17	Erwin Cabucos	Balambang ES	Sipak Takraw
18	Myrna Pulido	San Martin ES	Softball
19	Don Kevin Plazos	Bangcud CS	Swimming
20	Judie Escobio	Bangcud CS	Swimming
21	Evangeline Sabacajan	San Jose ES	Table Tennis
22	Elvira Datu	San Jose ES	Table Tennis
23	Angelique Macapundag	MCCS	Tae Kwon Do
24	Kristine Kaye Palma	Sumpong CS	Tae Kwon Do
25	Christi Tiza Maghanoy	BBCA	Volleyball
26	Niza Nancy Saluntao	BNHS	Archery
27	Daryl Sabote	St Peter NHS	Field
28	Jonah Bayag	BNHS	Track
29	Peter Manriquez	St Peter NHS	Track
30	Ellen Encipido	St Peter ES	Field
31	Joseph Tugas	BNHS	Arnis
32	Annie Rose Arangco	BNHS	Arnis
33	Loreto Labadan	BNHS	Baseball
34	Earl Joseph Tan Nery	BNHS	Baseball



35	Pelsie Pandong II	BNHS	Basketball
36	Rexan Tolibao	SIC-hs	Basketball
37	Lyrical Sol Gabrinez	BNHS	Basketball
38	Joel Licayan	BNHS	Basketball
39	Ramon Castor	BNHS	Badminton
40	Liliosa Castor	BNHS	Badminton
41	Joy Minoza	SILAE MHS	Billiard
42	Almaco Villanueva	BNHS	Billiard
43	Gerry Quilaton	Managok NHS	Boxing
44	Noli Gardose	Managok NHS	Chess
45	Sarah Jane Garcia	Casisang NHS	Chess
46	Noli Cabilas	BUKSU	Chess
47	Valentino Eborá	BNHS	Football
48	Anthony Aresgado	BNHS	Futsal
49	Jason Suarez	San Martin AINHS	Lawn Tennis
50	Joel Hortilano	GNHS	Lawn Tennis
51	Jonathan Tadlip	San Martin AINHS	Sepak Takraw
52	Francis Manalo	BNHS	Softball
53	Aireen Sarauz	BNHS	Swimming
54	Anastacio Ordanza Jr	Managok NHS	Swimming
55	Nino Salingay	BNHS	Table Tennis
56	Julius Rosalejos	MCNHS	Table Tennis
57	Carl Arnold Palo	BNHS	Tae Kwon Do
58	Merjensky Balmana	BNHS	Swimming
59	Rhea Rarogal	BNHS	Tae Kwon Do
60	Docelle Carmi Suarez	BNHS	Tae Kwon Do
61	Rainier Rosalejos	BNHS	Volleyball
62	Bernel Basaya	Bangcud NHS	Volleyball
63	Michael Galve	Casisang NHS	Wushu
64	Lucille Toston	Casisang CS	Athletics
65	Epraim Equipelag	Sta Ana ES	Wrestling
66	Gwendolyn Ocier	Linabo CS	Gymnastics
67	Junah Mae Olario	Casisang CS	Gymnastics
68	Angelica Leonardo	Natid-asan	Swimming
69	Clarissa Villanueva	MCCS	Athletics
70	Nova Marie Cagaanan	MCCS	Gymnastics

**Destination:** West City Central School, Cagayan de Oro City  
**Departure:** November 17, 2016  
**Return:** November 21, 2016  
**Purpose:** To attend the Live-out Training on Sports Coaching.  
**Remarks:** Travel is official.

Approved:

  
**EDILBERTO L. OPLENARIA, CESO VI**  
 Schools Division Superintendent