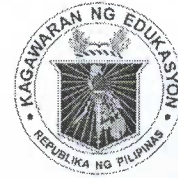


Department of Education  
Region X-Northern Mindanao  
**DIVISION OF MALAYBALAY CITY**  
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January 22, 2013

Deped-MALAYBALAY CITY DIVISION

**RELEASED**

Date: 01/22/13 Time: 2:51 PM  
By: [Signature]

**DIVISION MEMORANDUM**

No. 022, s. 2013

**LIST OF QUALIFIED ATHLETES, COACHES AND CHAPERONS TO THE 2013 PALARONG PAMBANSA AND PHASE I & II ATHLETIC INTENSIVE TRAINING**

**TO: Education Program Supervisors/Division Coordinators- Designates  
Public Schools District Supervisors  
Elementary and Secondary Public/Private School Heads  
This Division**

1. Per Regional Memorandum No. 10, s. 2013, the field is hereby informed *re Official list of qualified athletes, coaches and chaperons to the 2013 PALARONG PAMBANSA*. The official list is indicated in Enclosure No. 1.
2. In preparation to the participation to the Palarong Pambansa on April 14– 20, 2013 in Dumaguete City, the Northern Mindanao Regional Athletic Association (NMRAA) will be holding a Regional Athletic Intensive training in two (2) phases: Division Based and Unified training in different venues/areas. Venues for Phase1- Division Based and Guideline of the Training are also found in Enclosure No. 1 & 2 respectively.

**Phase 1 – Division Based Athletic Training:** January 15 – February 15, 2013 (32 days)

- The training covers **32 days** within the schools of respective divisions. Athletes coming from outside division shall join/emerge to the champion team to establish teamwork and camaraderie among members in the team.

**Phase 2 –Unified Athletic Training:** February 18 – April 5, 2015 (45 days)

Venue: Mindanao Civic Center (MCC), Tubod, Lanao del Norte

- The training period covers **45 days**. The Regional office thru School Sports and Special Events Group of Elementary Education Division will manage the unified athletic training up to Palarong Pambansa proper with the Provincial Government and Division of Lanao del Norte as host.

The training aims to:

- 2.1 enhance the competence level of student-athletes in their respective sports discipline;
- 2.2 familiarize the house rules imposed by the delegation;
- 2.3 raise the overall performance in the 2013 Palarong Pambansa by sustaining or surpassing the baseline level; and
- 2.4 establish teamwork and camaraderie among members in the team and in the entire delegation in general.

3. Athletes are advised to bring their kitchen paraphernalia and beddings to be used during the entire training period (Phase 1 and 2) and Palarong Pambansa proper. Nonappearance of athletes, coaches and chaperons after ten (10) days on the prescribed date of arrival will be replaced but undergoes due process before appropriate actions shall be dealt with.
4. Meals of athletes, coaches and chaperons for Division Based Training shall be shouldered by the School Divisions depending on the budget to be allocated per day while guest-athletes shall be shouldered by the division where the athletes come from. Meals shall be borne from local/school board/school/PTA funds.
5. Teacher who will be serving as coaches and chaperons are recommended by the Regional Office for a grant of service credit based on the provision articulated in DepEd Order No. 35, s. 2003 re Revised DepED Order for Granting Service Credit for Teachers.
6. Traveling expenses of athletes, coaches, chaperons and PESS Supervisors in monitoring shall be charged to local funds, while meals and snacks for Phase 2 Unified Athletic Training shall be charged against regional funds subject to the usual accounting and auditing policies, rules and regulations.
7. Immediate and wide dissemination of this Memorandum is desired.

f:   
**EDILBERTO L. OPLENARIA**  
Schools Division Superintendent 

Encls. : As stated  
Reference: Regional Memo. No. 10, 1/7/13

**OFFICIAL LIST OF QUALIFIED ATHLETES, COACHES & CHAPERONS  
2013 PALARONG PAMBANSA**

Date: April 14 – 20, 2013

Venue: Dumaguete City

**A. ELEMENTARY LEVEL:**

- |                           |                     |   |
|---------------------------|---------------------|---|
| 1. Malapad, Lhutes Kate   | - Athletics (G)     | - Kalasungay CS, North District         |
| 2. Baroquillo, Mica       | - Softball (G)      | - MCCS, Central District                |
| 3. Lumilang, Kyle         | - Softball (G)      | - MCCS, Central District                |
| 4. Bisahan, Necifor       | - Swimming (B)      | - Bangcud Central Schl., South District |
| 5. Tabuco, Kyle Alexohn   | - Tennis (B)        | - MCCS, Central District                |
| 6. Seguero, Estephen John | - Tennis (B)        | - SDA, Private                          |
| 7. Sebuguero, Fe          | - Coach, Tennis (B) | - MCCS, North District                  |

**B. SECONDARY LEVEL:**

- |                         |                  |                                  |
|-------------------------|------------------|----------------------------------|
| 1. Orevillo, Din Ann    | - Athletics (G)  | - Bukidnon NHS, Central District |
| 2. Ambag, Allen James   | - Baseball (B)   | - Managok NHS, East District     |
| 3. Idulsa, Alvin Joshua | - Taekwondo (B)  | - Bukidnon NHS, Central District |
| 4. Suazo, Jose Francis  | - Tennis (B)     | - San Isidro HS, Private         |
| 5. Apa-ap, Aljohn Honor | - Tennis (B)     | - Bukidnon NHS, Central District |
| 6. Miñoza, Diana Dawn   | - Volleyball (G) | - Bukidnon NHS, Central District |

**C. SPECIAL GAMES:**

- |                          |                              |                          |
|--------------------------|------------------------------|--------------------------|
| 1. Antipasado, Gideon    | - Athletics (B) above16yrs   | - MCCS, Central District |
| 2. Gayon, Felix III      | - Athletics (B) above16yrs   | - MCCS, Central District |
| 3. Alipayon, Jimboy      | - Athletics (B) 15yrs below  | - MCCS, Central District |
| 4. Ayawan, Ronnie        | - Athletics (B) 15yrs below  | - MCCS, Central District |
| 5. Lobrino, JV           | - Athletics (B) 15yrs below  | - MCCS, Central District |
| 6. Mirambel, Rogelyn     | - Athletics (G)15yrs below   | - MCCS, Central District |
| 7. Rabanes, Lyza Mae     | - Athletics (G)15yrs below   | - MCCS, Central District |
| 8. Bandibas, Farrah      | - Athletics (G)15yrs below   | - MCCS, Central District |
| 9. Catucag, Nicolle      | - Boccia (G)15yrs below      | - MCCS, Central District |
| 10. Sante, Feliciano Jr. | - Coach, (B) above 16yrs old | - MCCS, Central District |
| 11. Liñan, Tresilita     | - Coach, (G) 15yrs below     | - MCCS, Central District |
| 12. Dedicatoria, Giselle | - Coach, Boccia              | - MCCS, Central District |
| 13. Delante, Ellen       | - Chaperon (B), 15 yrs below | - MCCS, Central District |
| 14. Tan Nery, Esther     | - Chaperon (B), 15 yrs below | - MCCS, Central District |

**PHASE I – DIVISION BASED ATHLETIC INTENSIVE TRAINING**  
*January 15 to February 15, 2013 (32days)*

EVENT	VENUE - ELEMENTARY	VENUE - SECONDARY
1. Archery	-	Sports Center - CDO & Mis. Or. MCC, Lanao del Norte & Tangub City
2. Arnis	Sports Center- CDO & Mis. Or	Baloi NHS, Lanao del Norte
3. Athletics	Impasug-ong E/S (B), Don Carlos CS (G) Bukidnon, CDO City, Tangub City	Halapitan NHS (B/G) Bukidnon CDO City, Tangub City, Mis. Occ.
4. Badminton	Mis. Or. – Boys, Gingoog – Girls	CDO – Boys, Gingoog – Girls
5. Baseball	Artane ES, Magsaysay, Mis. Or.	Kibungsod NHS, Magsaysay, Mis.Or.
6. Basketball	Cagayan de Oro	Indahag NHS,CDO- Girls, CDO - Boys
7. Boxing	Valencia City	Gingoog City
8. Chess	Merry Child(G) West CCS(B),CDO City	MOGCHS (G), Mis. Or/ XU- (B),CDO
9. Football	Camp Philips, Bukidnon	Initao NHS, Mis. Or.
10. Gymnastics	CDO City, Mis. Or./Lanao	Cagayan de Oro City/ Mis. Or.
11. Lawn Tennis	Malaybalay City– Boys, Mis. Or. – Girls	Bukidnon -Boys, Ozamis City - Girls
12. Sipa/Sepak Takraw	Tubigan ES - Mis. Oriental	Lanao CNHS, Lanao del Norte
13. Softball	Balingasag ES, Mis. Or.	Bulua NHS, CDO City
14. Swimming	CDO/ Iligan City/ Tangub City	CDO/ Iligan City/ Tangub City
15. Taekwondo	Arsenal Gym, CDO City	Arsenal Gym, CDO City
16. Volleyball	Mis. Occ. - Boys, Bukidnon - Girls	Mis. Or. – Boys, Iligan City - Girls

A. Guidelines of the Training

1. Coaches have to develop training matrix to be used for two phases (Division Based and Unified Training). This training design shall be the basis of monitoring and assessing the attainment of competencies set forth.
2. Coaches and Chaperons are required to attend a Seminar Workshop for Sports Medicine and Sports Nutrition.
3. The required hours for training shall be six (6) hours a day from Monday to Friday and be extended for eight hours (8) on weekends.
4. Guest students shall attend classes to the school where the team belongs. *School Principals and Teacher Advisers shall serve as foster parents* during the stay of guest student.
5. Athletes are required to submit parental consent for the entire duration of the training.
6. Coaches shall check the completeness of the required documents for the athletes. Parental Consent and Medical Certificate must be asked first for the purposes of training.
7. Coaches shall collate the records of the test, quizzes and other related outputs done by the guest students and turnover these outputs to PESS Supervisors for proper handling, which will be given to the adviser of his/her mother school.
8. Sports equipment shall be taken care of by division for both phases of the training. The Regional Office may augment the perishable ones.

B. Monitoring Procedures

1. PESS Supervisors are duly tasked to monitor the sports events assigned to them.
2. Achievement level at the end of Phase 1 is set to 75% to 80%. Competencies set in the training matrix prepared by the coaches shall be attained, while Phase II achievement level shall be 95% to 99%.
3. In monitoring the training, an instrument shall be used and be signed by the monitoring officer, coaches and PESS Supervisors in that Division.
4. For Phase I training, PESS Supervisors shall monitor once in every two weeks preferably Thursday, starting January 24, 2013 then shall report to the Regional Office Conference Room, 9:00 AM the following day for feed backing with MRS. WILFREDA T. FAMADOR, Chief, Promotional Division or MR. RAYMUND S. ANTOLO, EPS II, School Sports and Special Events Group (SSSEG) of the same division. The office must be furnished with a copy of monitoring to be submitted during every feed backing.

Schedule of Monitoring are as follows:

- January 22, 2013
  - February 7, 2013
5. For Phase II training, PESS Supervisors shall stay in the camp to ensure quality training and attain in the remaining level of achievement.

EVENT	MONITORING OFFICER
1. Archery (Secondary)	EPS Delia Agbon – CDO City
2. Arnis (Elem. & Sec.)	EPS Ma. Carmela Ablin – Lanao del Norte
3. Athletics (Elem. & Sec.)	EPS Adajar, Redondo & Duhaylungsod
4. Badminton (Elem. & Sec.)	EPS Altubar & Mr. Yanez
5. Basketball (Elem. & Sec.)	EPS Duhaylungsod & Mr. Suaner
6. Baseball (Elem. & Sec.)	Mr. Daynus
7. Boxing (Elem. & Sec.)	EPS R. Dagaraga- Camiguin
8. Chess (Elem. & Sec.)	Mr. Razo – Iligan City
9. Football (Elem. & Sec.)	EPS J. Redondo – Mis. Oriental
10. Gymnastics (Elem. & Sec.)	EPS Ma. Carmela Ablin
11. Lawn Tennis (Elem. & Sec.)	EPS J. Guangco (Girls) & L. Cultura (Boys)
12. Sipa/SEpak Takraw (Elem. & Sec.)	EPS P. Gimena
13. Softball (Elem. & Sec.)	EPS Altubar & Mr. E. Suaner
14. Swimming (Elem. & Sec.)	Mrs. D. Agbon - CDO
15. Taekwondo (Elem. & Sec.)	Mrs. E. Suaner - CDO
16. Table Tennis (Elem. & Sec.)	EPS J. Guangco – Ozamis City
17. Volleyball (Elem. & Sec.)	EPS I. Casilang & F. Blanco