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Department of Education Region X-Northern Mindanao DIVISION OF MALAYBALAY CITY

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May 31, 2013

DIVISION MEMORANDUM No. 137 , s. 2013

PROPOSED SCHEDULE OF SCHOOL SPORTS PROGRAMS AND MAPEH ACTIVITIES (ELEMENTARY AND SECONDARY)

S.Y. 2013 – 2014

To: Education Program Supervisors/Coordinators-Designate
Public Schools District Supervisors
Public and Private Elementary and Secondary School Heads
This Division

- 1. For information and guidance of all concerned, this office is issuing the proposed schedule of School Sports Program and MAPEH Activities for the S.Y. 2013 2014.
- 2. All District and School based activities in sports should be aligned to the said schedule. The basis of selection of potential athletes should be in accordance with the following standards to wit:

2.1 Height

2.2 Physique

2.3 Attitude

2.4 Skills

2.5 Determination

2.6 Self-confidence

- 3. District and Secondary Sports Coordinators are required to submit a hard copy of their Sports Program adopted for S.Y. 2013 2014. Deadline of submission is on or before July 16, 2013. Attn: LOU-ANN J. CULTURA, EPS Designate, MAPEH.
- 4. Immediate dissemination of this Division Memorandum is hereby desired.

EDILBERTO L. OPLENARIA

Schools Division Superintendent

Incl. As stated Ljc-5/31/13 Enclosure No. 1

| Date: | Time: |
|-------|-------|
| By: | |

PROPOSED SCHEDULE OF SCHOOL SPORTS PROGRAM AND MAPEH ACTIVITIES (ELEMENTARY AND SECONDARY) S.Y. 2013 – 2014

| DATE | ACTIVITIES |
|--|---|
| June 10 – 31 | - Administration of Physical Fitness & Sports Talent Test (Grades 4,5,6,7,8 3 rd & 4 th Year) |
| July 1 – 31 | Identification of sports talented pupil/student-athletes Selection of potential athletes based on the following criteria: height, physique, attitude, skills, determination & self-confidence Develop Sports Nutrition training/program for pupil/student- athletes |
| Il., (7 | - Orientation, training and development of skills by events |
| July 6 – 7 August 1 – 31 | Division Folk Dance Workshop for Teachers Intensive training and preparations for School Intramurals and District |
| August 1 91 | Meets |
| August (3 rd wk) | - Participation to the 2013 MILO LITTLE OLYMPICS |
| | Venue: Pelaez Sports Center, CDO City |
| August 24 – 25 | - Sports Medicine and Sports Nutrition Seminar for Coaches |
| September 5 – 28 | - Schools Intramurals/Unit/Cluster /District Meets |
| September 16 – 30 to Oct. 11 | - Preparation of pertinent papers of qualified athletes to the 5th Division Meet |
| October 16 - 18 | - DIVISION MEET |
| October 21 – 31 | - Preparation & submission of documents of qualified athletes to the 2013 Regional Meet |
| | - Continuation of Intensive training, sports clinic by event, and tune – up games |
| November | - National Milo Olympics/ NAMCYA |
| December (2 nd Week) | - REGIONAL MEET |
| January 2014 | - Deliberation and Preparation of pertinent papers of qualified athletes to the 2014 Palarong Pambansa |
| February 2014 | - Post Test (Physical Fitness Tests) |
| February 2014 | - National Arts Month |
| January – March 2014 April – May 2014 | Intensive/Unified Athletic Training for Palarong Pambansa 2014 PALARONG PAMBANSA |
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Prepared by:

EPS Designate in MAPEH

Approved:

EDILBERTO L. OPLENARIA
Schools Division Superintendent