



DIVISION OF MALAYBALAY CITY

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2013-01-0116

DepEd MALAYBALAY CITY DIVISION
RELEASED

January 9, 2013

Date: 01/09/13 Time: 11:21am
By: [Signature]

MEMORANDUM

To: **Fe S. Sebuguero** - Coach, Tennis (B) Elem. - MCCS
Tresilita Liñan - Coach, Special Events (G) 15below - MCCS
Giselle Dedicatoria - Coach, Special Events- Boccia - MCCS
Feliciano Santi, Jr. - Coach, Special Events (B) 16 above - MCCS
This Division

Thru: **Benjamin E. Macario**
Public Schools District Supervisor
Malaybalay City Central District

Ma. Antonnietta S. Reburiano
Principal II
Malaybalay City Central School

From: *[Signature]*
EDILBERTO L. OPLENARIA
Schools Division Superintendent

Re: **Live Out Seminar Workshop on Sports Medicine and Sports Nutrition for Qualified Coaches and Chaperons in the 2013 PALARONG PAMBANSA**

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1. Per Regional Memorandum No. 4, s. 2013, dated January 7, 2013, you are hereby informed that the DepEd Regional Office, Region X in coordination with the Northern Mindanao Physical Education and School Sports Association (NMPESSA) shall hold a **2- Day Live Out Seminar Workshop on Sports Medicine and Sports Nutrition for Qualified Coaches and Chaperons in the 2013 Palarong Pambansa on January 12 – 13, 2013** (Weekend) at the Regional Educational Learning Center (RELC), Lapanan, Cagayan de Oro City.
 2. The said seminar workshop aims to:
 - 2.1 equip coaches and chaperons in the prevention and management of injuries that will probably encountered by the athletes;
 - 2.2 prepare coaches and chaperons in the long training to be done on both Division Based and Unified Athletic Training which will cover 72 days; and
 - 2.3 acquire knowledge on the proper protocol of any untoward incidents during the training.
 3. Participants of this workshop are qualified coaches and chaperons on both regular sports and special games. Registration will start at **7:00 o'clock** in the morning.
 4. Attached are schedule of activities and list of qualified coaches and chaperons for reference and information.
 5. Traveling expenses of participants shall be charged against local/school board/school/PTA funds while two (2) lunch and four (4) snacks, rental of session hall, training kit, certificates and honorarium of speakers shall be shouldered by the Regional Office subject to the usual accounting and auditing policies, rules and regulations.
 6. For compliance and action.