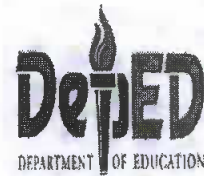




Department of Education  
Region X-Northern Mindanao  
**DIVISION OF MALAYBALAY CITY**  
Corner Don Carlos and Guingona Sts.  
Malaybalay City



MEMORANDUM TO: **Secondary School Heads including OIC's of the Annex Schools**  
This Division

FROM: *[Signature]*  
**EDILBERTO L. OPLENARIA**  
Schools Division Superintendent

<sup>006</sup>  
Deped-MALAYBALAY CITY DIVISION  
**RELEASED**

Date: 9/3/13 Time: 8:11 AM  
By: [Signature]

DATE: September 2, 2013

RE: **Adolescent Reproductive Health Classes**

1. Per Regional Memorandum No. 112 s. 2013, you are hereby advised to arrange classes for the Adolescent Reproductive Health (ARH) to be conducted by the City Population Officers on the dates and schools below:

School	Date	Time	Students	Time	Parents
<b>1. Bukidnon National High School ( Main)</b>	September 11, 2013	8:00-10:30 a.m.	One section Grade 7 students	<del>7:00-3:30</del>	Parents of the Grade 7 students attended in the morning
<b>Bukidnon National High School ( Main)</b>	September 18, 2013	8:00-10:30 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
<b>BNHS Annex Casiang</b>	September 25, 2013	8:00-10:30 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
<b>BNHS Annex Aglayan</b>	September 27, 2013	<del>8:00-10:30</del> 8:00-10:30 a.m.	<del>One section Grade 7 students</del> One section Grade 7 students	<del>1:00-3:30</del>	<del>Parents of the Grade 7 students attended in the morning</del> Parents of the Grade 7 students attended in the morning
<b>2. Managok National High School</b>	October 2, 2013	8:00-10:30 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
<b>Managok NHS Annex Lalawan</b>	October 3, 2013	8:00-10:30 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7

					students attended in the morning
<b>3. San Martin Agro-Industrial NHS</b>	October 4, 2013	8:00-10:30 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
<b>4. Silae NHS</b>	October 7, 2013	9:30-12:00 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
<b>5. Can-ayan IS</b>	September 13, 2013	9:30-12:00 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
<b>6. Bangcud NHS</b>	September 20, 2013	9:30-12:00 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning
	September 23, 2013	9:30-12:00 a.m.	One section Grade 7 students	1:00-3:30	Parents of the Grade 7 students attended in the morning


2. The School Heads of the above secondary schools shall coordinate with the City Population Officers for the conduct of classes on “Adolescent Reproductive Health”.
3. For more queries on this matter, you may contact **Ms. Angelica T. Abugan** of the City Population Office with cell nos. 09177042295 or **Ralph T. Quirog**, EPS in Social Studies with cell nos.09361664361.
4. Enclosed is the Regional Memorandum No. 112, s. 2013 for your guidance.
5. Immediate dissemination on the content of this Memorandum is desired.

Rtq 13/elo



**REGIONAL MEMORANDUM**  
No. 112 s. 2013

**TO :** Schools Division/City Superintendents  
Araling Panlipunan Division Supervisors/Coordinators  
Secondary School Heads  
This Region

**FROM :**   
**ALLAN G. PARNAZO, Ph.D., CESO V**  
Officer-In-Charge  
Office of the Regional Director

**DATE :** August 12, 2013

**SUBJECT : ADOLESCENT REPRODUCTIVE HEALTH**

- 
1. In consonance with DECS Memo. No. 243 s. 1996 which provided for the institutionalization of Population Development Education and in view of our continued partnership with the Commission on Population, this Office hereby advised the school heads of the secondary schools to coordinate with the Provincial, City, Municipal Population Officers (P/C/MPOs) for the conduct of classes on "Adolescent Reproductive Health".
  2. The Commission on Population (POPCOM-10) has taken the challenge of reducing the rate of teen pregnancy in the Philippines through immense information and education campaign about the ARH values. Thus, POPCOM-10 has planned series of lectures/activities for the dissemination of the ARH Module to the different secondary schools in Region X.
  3. The ARH Module contains two (2) sessions. Each session will take two (2) hours. The topics of the module are:
    - a. Education Session 1
      - a.1. What is adolescents
      - a.2. Physical/social/psychological changes during adolescents
      - a.3 Fertility Awareness Orientation
      - a.4. Human Sexuality
    - b. Education Session 2
      - b.1 What is Reproductive Health
      - b.2. Avoid teen pregnancy, saying no to pre-marital sex
      - b.3 Causes and effects of teenage pregnancy
      - b.4. Basic life skills for adolescents
  4. The school heads shall make the necessary arrangements with the Provincial, City, Municipal Population Officers (P/C/MPOs) for the conduct of the said classes.

5. Immediate dissemination of this Memorandum is desired.

Reference: DECS Memo. No. 243 s. 1996  
Letter from POPCOM RO 10

Allotment: 4 (R.O. 1-02)

To be indicated in the Perpetual Index under the following subjects:

**LEARNING AREAS**  
**LEARNING MODULES**  
**POPULATION DEVELOPMENT EDUCATION**  
**PROGRAMS**  
**STUDENTS**

PO1 RSO



REPUBLIC OF THE PHILIPPINES  
DEPARTMENT OF HEALTH  
**COMMISSION ON POPULATION**  
Regional Office No. 10  
Dr. Jesus V. Sorio Saclol, Camar, 9000 Cagayan de Oro City  
Telephone Nos. (8072) 723-4277/(80) 524-4181 Fax No. (80) 524-7142

23 August 2013

R10-03-087-IMCU

The Honorable  
**IGNACIO W. ZUBIRI**  
City Mayor  
Marsyatinay City

ATTENTION: MR. PAGUITO VELLAHERMOSA  
CPO



Dear Mayor Zubiri:

We are furnishing you a copy of the CEPED Memorandum Circular No. 112 allowing our provincial/municipal population officers to conduct Adolescent Reproductive Health (ARH) classes in secondary schools of Region 10.

We are requesting your City Population Officer to start the conduct of ARH classes as stated in the said Memo.

Thank you very much.

Very truly yours,

**ROMEL B. RAMOS**  
Office in Charge