

Department of Education Region X- Northern Mindanao DIVISION OF MALAYBALAY CITY



DIVISION MEMORANDUM

No. 275 s.

2017

TO:

Chief Education Supervisors and staff-CID and SGOD

Public Elementary and Secondary School Heads

All Others Concerned

FROM:

EDILBERTO L. OPLENARIA, CESO VI

MdSchools Division Superintendent

DATE:

June 13, 2017

SUBJECT: DISSEMINATION OF DEPED MEMORANDUM No. 105 s. 2017 Re: 2017

NUTRITION MONTH CELEBRATION

1. This Office hereby disseminates enclosed DepEd MEMORANDUM No. 105 s. 2017 re: 2017 NUTRITION MONTH CELEBRATION. The month of July shall be commemorated annually as **Nutrition Month** with this year's focal theme **Healthy Diet**, **Gawing Habit- for Life!**

- 2. School Heads (SHs) and others concerned are enjained to support this developmental endeavor through school participation in activities which shall create awareness on making the right choices and consumption of healthier food through nutrition education, healthy diet and healthy lifestyle.
- 3. A brief school Nutrition Month celebration narrative report with photos shall be submitted to SGOD Office ATTN: MARY LARCY B. POJAS for consolidation not later than August 4, 2017. It is reiterated that DepEd Order No. 9, s. 2005 on **Engaged Time –on -Task** shall be strictly observed.
- Widest dissemination and compliance with this Memorandum is desired.



Republic of the Philippines

Department of Education

05 JUN 2017

DepEd MEMORANDUM No. 105 , s. 2017

2017 NUTRITION MONTH CELEBRATION

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public Elementary and Secondary Schools Heads
All Others Concerned

- 1. The National Nutrition Council (NNC) will lead the whole nation in the celebration of the 2017 Nutrition Month this coming July. The main purpose of this Celebration is to disseminate nutrition-related messages to all Filipinos through the focal theme Healthy Diet, Gawing Habit for Life!
- 2. The Celebration aims to:
 - a. promote the consumption of healthier foods and discourage the eating of unhealthy foods;
 - b. encourage the families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an ideal body weight to reduce obesity and non-communicable diseases;
 - c. create awareness among them on making the right choices of food;
 and
 - d. encourage food industry, producers, distributors and farmers and make healthy foods available for all.
- 3. In support of this developmental endeavor, the Department of Education (DepEd) enjoins all schools to participate in this Celebration by undertaking meaningful activities which will highlight the importance of good nutrition, healthy diet and healthy lifestyle.
- 4. However, it is emphasized, that the Engaged Time-on-Task Policy of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
- 5. A consolidated narrative report with the pictorials on the highlights of the observance of Nutrition Month shall be prepared by the regional health and nutrition personnel for submission to the NNC regional offices.

6. Immediate dissemination of this Memorandum is desired.

LEONOR MAGTOLIS BRIONES

Secretary

DepEd Complex, Meralco Avenue, Pasig City 1600 633-7208/633-7228/632-1361 636-4876/637-6209 www.deped.gov.ph

Reference:

DepEd Memorandum No. 100, s. 2016

To be indicated in the <u>Perpetual Index</u> under the following subjects:

CELEBRATIONS AND FESTIVALS
HEALTH EDUCATION
LEARNERS
PROGRAMS
SCHOOLS
TEACHERS

R-MCR/ <u>DM-2017 Nutrition Month Celebration</u> 0429/May 16, 2017