

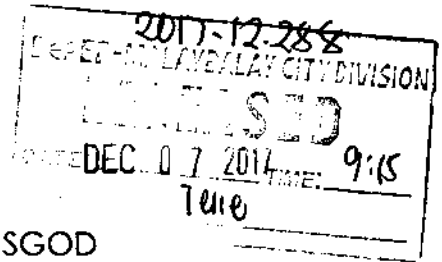


Republic of the Philippines  
Department of Education  
Region X  
**DIVISION OF MALAYBALAY CITY**  
Purok 6, Casisang, Malaybalay City  
Telefax #088-314-0094



**DIVISION MEMORANDUM**

No. 669 s, 2017



TO: Chief Education Supervisors & Staff, CID & SGOD  
Public Elementary and Secondary School Heads  
This Division

From:   
**EDILBERTO L. OPLENARIA, CESO VI**  
Schools Division Superintendent

Date: December 6, 2017

Subject: **DISSEMINATION OF REGION MEMORANDUM NO. 591, S. 2017**  
**RE: PALARONG PAMPOOK 2017**

1. This Office hereby disseminates the herein Region Memorandum No. 591, S. 2017 entitled "Palarang Pampook 2017", for information and guidance.
3. Immediate dissemination of this memorandum is highly desired.

Copy furnished:  
Records Unit

TO BE POSTED THE WEBSITE



November 29, 2017

**DepED-X**  
Cagayan de Oro City

9799  
05 DEC 2017

**REGION MEMORANDUM**

No. 591, s. 2017

**PALARONG PAMPOOK 2017**

**RELEASED**

To: **The Schools Division Superintendents**  
*This Region*

1. The Department of Education-Region 10, through the Education Support Services Division (ESSD), in cooperation with the Human Resource Development Division (HRDD), and Quality Assurance Division (QuAD), announces the holding of the PALARONG PAMPOOK 2018 in preparation for the Palarong Pambansa 2018 to be hosted by this Office and co-hosted by the Division of Cagayan de Oro City on December 13-16, 2017 with this year's theme: "*Synergy in Sports: A Road to ASEAN Integration.*"

2. The regional sports activity aims to:

- 2.1 select qualified athletes to represent NMRAA for the Palarong Pambansa 2018;
- 2.2 promote the value of sportsmanship; and
- 2.3 foster teamwork and camaraderie among the participants.

3. This year's Palarong Pampook fosters austerity and simplicity; therefore, no opening program shall be done for the general public on the first day. However, the opening program shall be done in the different sports events to be facilitated by the tournament managers. All players, therefore, must wear their respective sports events uniforms. On behalf of the head of Northern Mindanao Regional Athletic Association (NMRAA), Schools Division Superintendents shall be assigned to the different sports events to deliver and declare the opening of the games.

4. In adherence to Republic Act 9003, also known as the ECOLOGICAL SOLID WASTE MANAGEMENT ACT, which states that "the state shall adopt a systematic, comprehensive and ecological solid waste management program and shall ensure the protection of the public health and environment," all shall observe CLEAN, GREEN, AND ECO FRIENDLY PALARONG PAMPOOK.

The delegation that promotes this practice shall be awarded with a plaque, and other special awards, namely: Most Organized Delegation, Most Disciplined Delegation, and Best Billeting Quarter, which will be awarded during the first REGIONAL MANCOM of 2018.

5. The cut- off age of athletes in the elementary level shall be January 1, 2005 or later while in the secondary level, including senior high school, shall be January 1, 2000 or later.

6. Athletes in boxing shall submit a technical and clinical evaluation, which will be done a week before the start of the games. No boxers will be allowed to play without the recommendation of the following technical committee:

Chairperson	:	Celso L. Pagulon, Tournament Manager
Co-Chair	:	Ludy Therese Cerales, Asst. Tournament Manager
Members	:	Dr. Baldomero Mark B. Meso (Medical Officer) Dr. Rey Ignacio B. Cagang (Dentist III) Sunday Matthew L. Battad (Public Health Nurse)

7. The basis in the selection of athletes for measurable events (athletics and swimming) shall adhere to Region Memorandum No. 325, s. 2017, re: *OPEN ELIMINATION FOR MEASURABLE EVENTS*. The best time and distance recorded in the 2017 Palarong Pambansa shall be considered; hence, no gold medal shall be awarded if the athlete fails to reach the prescribed time and distance. The venue for the finals in athletics shall be at the Misamis Occidental Provincial Athletic Complex (MOPAC), Oroquieta City while the finals in swimming shall be in Cagayan de Oro City. The list of qualifiers is attached for information and guidance.

8. In the General Awarding, only the top three (3) delegations shall be declared, namely: Champion, 1<sup>st</sup> Runner Up, and 2<sup>nd</sup> Runner Up in elementary, secondary, and overall categories.

9. Attached are the following for information and guidance:

- 8.1 Enclosure No. 1 - Billeting Quarters
- 8.2 Enclosure No. 2 - Playing Venues
- 8.3 Enclosure No. 3 - Schedule of Activities
- 8.4 Enclosure No. 4 - Technical Rules of Taekwondo and Boxing
- 8.5 Enclosure No. 5 - Guidelines on Demo Sports
- 8.6 Enclosure No. 6 - Guidelines on 3 X 3
- 8.7 Enclosure No. 7 - List of Qualifiers in Measurable Events Finals

10. The list of technical officials will be released in the next issuance.

11. Immediate and wide dissemination of this Memorandum is desired.

  
**ALLAN G. FARNAZO**  
Director IV

Incls. : As stated  
Reference : RA 10588  
To be indicated  
under the following perpetual index

SPORTS

STUDENTS

TEACHERS

ESSD/HRDD/rsa

## Billeting Quarters for the 2017 Regional Meet

<b>Legation/No. Delegates</b>	<b>Billeting School</b>
<b>Coordinating Officials</b>	City Central School
<b>Manila</b> - 622 pax	East City Central School
<b>Marikina Occidental</b> - 430 pax	Bulua Central School
<b>Marikina City</b> - 605 pax	Pedro "Oloy" N. Roa Sr. ES
<b>Marikina City</b> - 606 pax	North City Central School
<b>Marikina City</b> - 183 pax	South City Central School
<b>Marikina City</b> - 410 pax	Macasandig Elem. School
<b>Marikina City</b> - 275 pax	Kauswagan Central School
<b>Marikina City</b> - 167 pax	CDONHS, Senior High
<b>Marikina City</b> - 340 pax	Gusa Elementary School
<b>Marikina City</b> - 256 pax	Bongbongon Elem. School
<b>Marikina del Norte</b> - 575 pax	West City Central School
<b>Marikina City</b> - 545 pax	Carmen NHS
<b>Marikina De Oro City</b>	F. W. Masterson ES
<b>Marikina Oriental</b>	MOGCHS

Prepared by:

**ROSALIO R. VITORILLO**  
Chief, SGOD

ure No. 2 to Region Memorandum No. 191, s. 2017, Entitled "Palarong Pampook 2017"

## Proposed Playing Venues:

Artistic Gymnastics	-Oroquieta City
Basketball	Nazareth Gym, Macasandig Gym, Pilgrim Covered Court, St Marys Covered Court
Football	- ECCS Covered Court, Lapasan Covered Court, WCCS Covered, Macanhan Plaza, Barangay 40 Covered Court, Camaman-an Covered Court
Handball	- SM Uptown/West City Central School
Table Tennis	-
Badminton	- Limketkai
Table Tennis	- NEAP
Table Tennis	- Bulua NHS Covered Court
Table Tennis	- Bulua NHS Covered Court
Table Tennis	- Calaanan Open Field
Table Tennis	-Pagatpat NHS, Canitoan ES, Agusan ES
Gymnastics	-Corpus Christi/MOGCHS
Table Tennis	-Bulua CS, Brgy. Bulua Court
Table Tennis	-Sports Center
Table Tennis	-Sports Zone
Table Tennis	-Amphitheatre, Gaston Park
Table Tennis	-Sports Center, Nazareth, Capitol Grounds, Cathedral Grounds
Table Tennis	-Gusa Covered Court
Table Tennis	-Limketkai
Table Tennis	-Sport Zone
Table Tennis	-Sports Center
Table Tennis	-Sports Center

Prepared by:

**ROSALIO R. VITORILLO**  
Chief, SGOD

**SCHEDULE OF ACTIVITIES  
2017 PALARONG PAMBOOK  
December 13-16, 2017**

**Theme:** "Synergy in Sports; a Key to ASEAN Integration"

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- December 9, 2017** - Coordination Meeting (SGOD Chiefs, Division School Sports Officers, Tournament Managers, Session Hall, 3<sup>rd</sup> Floor, DepED ROX -2:00PM
- December 9-11, 2017** - Screening and Accreditation of Athletes & Coaches
- December 10-11, 2017** - Refresher Course of Technical Officials  
Refresher Course of Coaches on Selected Sports Events  
West Central School
- December 12, 2017** - Solidarity Meeting  
West Central School  
8:00 AM
- Fellowship Dinner with the Regional Director  
6:30 PM  
Session Hall, DepED 10 Regional Office  
Zone 1, Upper Balulang  
Cagayan de Oro City
- December 13-16, 2017** - Opening Program by Event/Game Proper
- December 15, 2017** - Thanksgiving Dinner with the Regional Director  
6:30 PM  
Session Hall, DepED 10 Regional Office  
Zone 1, Upper Balulang  
Cagayan de Oro City

# PROPOSED AGE AND WEIGHT CATEGORIES FOR PALARONG PAMBANSA 2017-2018

## ELEMENTARY

AGE CLASSIFICATION	AGE RANGE	YEAR OF BIRTH	WEIGHT CATEGORY	WEIGHT RANGE
Kids	12-13 y/o	<del>2004-2005</del>	Light Paperweight	38 kg- 40 kg
<del>Kids</del>	12-13 y/o	<del>2005-2006</del>	Paper weight	40 kg- 42 kg

## SECONDARY

AGE CLASSIFICATION	AGE RANGE	YEAR OF BIRTH	WEIGHT CATEGORY	WEIGHT RANGE
School Boys	14-16 y/o	2002-2004	Pin weight	44-46 kg
School Boys	14-16 y/o	2002-2004	Light Flyweight	Over 46 kg- 48 kg
School Boys	14-16 y/o	2002-2004	Flyweight	Over 48 kg- 50 kg
School Boys	14-16 y/o	2002-2004	Light Bantam weight	Over 50 kg- 52 kg
School Boys	14-16 y/o	2002-2004	Bantam weight	Over 52 kg- 54 kg
Youth Boys	17-18 y/o	2000-2001	Light Flyweight	46-49 kg
Youth Boys	17-18 y/o	2000-2001	Flyweight	Over 49 kg- 52 kg
<del>Youth Boys</del>	<del>17-18 y/o</del>	<del>2000-2001</del>	<del>Bantam weight</del>	<del>Over 52kg- 54 kg</del>
Youth Boys	17-18 y/o	2000-2001	Light weight	Over 54 kg- 56 kg
Youth Boys	17-18 y/o	2000-2001	Light Welter weight	Over 56 kg- 60 kg

PREPARED BY:

  
MAXIMINO D. ABALOS, Ph.D

Boxing

Palarong Pambansa Tournament Manager





# PROPOSED TAEKWONDO COMPETITION GROUND RULES (FOR DEPED COMPETITIONS)

## I. KYORUGI (Sparring) EVENT

### A. CATEGORIES FOR ELEMENTARY BOYS AND GIRLS:

#### 1. ELEMENTARY BOYS and ELEMENTARY GIRLS

##### FOR PALARONG PAMBANSA

	<u>Height</u>	<u>Birthdate</u>
Group 1	Over 144 cm. to 152 cm.	On or after January 1, 2005
Group 2	Over 152 cm. to 160 cm.	On or after January 1, 2005
Group 3	Over 160 cm.	On or after January 1, 2005

##### FOR REGIONAL COMPETITIONS AND OTHER LOWER LEVEL MEETS

Group 1	Over 144 cm to 150 cm	on or after January 1, 2005
Group 2	Over 152 cm to 158 cm	on or after January 1, 2005
Group 3	Over 160 cm	on or after January 1, 2005

#### NOTE:

Height measurements are being adjusted to avoid future disqualification in the palarong pambansa

#### 1. SECONDARY BOYS

Finweight	Not exceeding 45 kg.
Flyweight	Over 45 kg. & not exceeding 48 kg.
Bantamweight	Over 48 kg. & not exceeding 51 kg.
Featherweight	Over 51 kg. & not exceeding 55 kg.
Lightweight	Over 55 kg. & not exceeding 59 kg.
Welterweight	Over 59 kg. & not exceeding 63 kg.
Open weight	Over 63 kg

#### 2. SECONDARY GIRLS

Finweight	Not exceeding 42 kg.
Flyweight	Over 42 kg. & not exceeding 44 kg.
Bantamweight	Over 44 kg. & not exceeding 46 kg.
Featherweight	Over 46 kg. & not exceeding 49 kg.
Lightweight	Over 49 kg. & not exceeding 52 kg.
Welterweight	Over 52 kg. & not exceeding 55 kg.
Open weight	Over 55 kg.

## **II. POOMSAE (Forms) EVENT**

**Poomsae (forms) competition is another event in taekwondo competitions which requires different skill level. As such players for poomsae must not be coming from Kyorugi participants.**

**There shall be 3 contestant for elementary boys, 3 contestant for elementary girls and 3 contestant for secondary boys, 3 contestant for secondary girls**

### **1. INDIVIDUAL POOMSAE EVENT**

- a. Elementary Boys Group A (128 cm-144 cm)
- b. Elementary Boys Group B (over 144 cm)
- c. Elementary Girls Group A (128 cm – 144 cm)
- d. Elementary Girls Group B (over 144 cm)

### **2. TEAM POOMSAE EVENT**

- a. Elementary boys team - composed of 3 participants
- b. Elementary girls team – composed of 3 participants

### **3. MIXED PAIR POOMSAE EVENT**

Composed of 2 participant (1 from elementary boys and 1 from elementary girls)

## **B. CATEGORIES FOR SECONDARY BOYS AND GIRLS**

### **1. INDIVIDUAL POOMSAE EVENT**

- a. Secondary Boys Group A (below 63 kg)
- b. Secondary Boys Group B. (over 63 kg)
- c. Secondary Girls Group A. (below 55 kg)
- d. Secondary Girls Group B (over 55 kg)

### **2. TEAM POOMSAE EVENT**

- a. Secondary boys Team- composed of 3 contestants
- b. Secondary girls team – composed of 3 contestants

### **3. MIXED PAIR POOMSAE EVENT**

Composed of 2 participant (one (1) contestant from secondary boys and 1 (one) from secondary girls
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## **C. TABLE OF REQUIRED POOMSAE TO BE PERFORMED PER CATEGORY**

<b>FOR ELEMENTARY (TAEGUK 4, 5, 6, 7, 8, KORYO, KEUMGANG).</b>
<b>FOR SECONDARY (TAEGUK 5, 6, 7, 8, KORYO, KEUMGANG, TAEBEK)</b>

## **D. POOMSAE COMPETITION GROUND RULES**

### **1. Method of Competition:**

### C. KYORUGI COMPETITION GROUND RULES:

1. **Method of Competition:** The competition shall be individual, single elimination.
2. **No of Competitors:** Each delegation may field only one competitor in each of the categories.
3. **Length of Matches:** Matches shall be 2 rounds of 1.5 minutes per round with 30 seconds rest between rounds for elementary from elimination to finals and 2 rounds of 2 minutes with 30 seconds interval per round for secondary from eliminations to semi-final round and 3 round of 2 minutes per round in the finals with 30 seconds rest between rounds.
4. **Weigh-In:** Weigh-in shall be conducted two days prior to the competition. A preliminary weigh-in shall be allowed before the official and final weigh-in.
5. **Coaches:** Only one official coach (as registered in the gallery of pictures of every delegation) per player shall be allowed in the coach's chair during the matches.
6. **Competition Codes of Conduct:** The Taekwondo Competition Codes of Conduct shall be strictly enforced.
7. **Competition Rules:** For all other matters not provided for in these ground rules, the current WTF Kyorugi Competition Rules and Interpretation and the Palarong Pambansa guidelines shall apply.
8. **Competition Uniform:** Competitors shall wear the prescribed Taekwondo COMPETITION UNIFORMS for BOTH KYORUGI AND POOMSAE
9. **Competition Belt:** All players who are not blackbelts shall wear the competition belt prescribed by PTA (blue/black combined colors)

**NOTE:** Use of the "PHILIPPINES" print on the uniform is reserved for members of the National Taekwondo Team and for those who have represented the country in international competitions. Otherwise, such usage is strictly prohibited.

10. **Competition Equipment:** Only brands approved by the PTA shall be approved for use. The contestants shall wear complete protectors during the match (head protector, body protector, arm & shin guards, groin guard, hand gloves, and mouth guard).
11. **PSS (protector and scoring system):** All players are required to have their own electronic sensor socks.
12. **Mouth Guard:** The use of the mouth guard shall be required for all level. Mouth guard must be transparent or white.
13. **Coaches' Attire:** Coaches shall wear the proper attire during the competition. Shorts and slippers are not allowed.

### D. AWARDS FOR THE KYORUGI EVENT:

1. Winning contestants in the Individual Kyorugi categories shall be awarded the following medals:

First Place	-	Gold Medal
Second Place	-	Silver Medal
2 Third Places	-	Bronze Medal

The cut-off system shall be applied in this competition. It shall comprise of the following stages:

**1.1 Eliminations:**

Contestants shall perform the two required poomsae for the elimination round chosen from the Drawing of Lots and **ONE HALF OF THE** contestants shall be selected for the semi-final round based on their point rankings.

**1.2 Semi-final:**

Contestants shall perform the two required poomsae for the semi-final round and 3 contestants shall be selected for the final round based on their point rankings.

**1.3 Final:**

Contestants shall perform the two required poomsae for the final round and they shall be awarded based on their point rankings.

**2. Duration of Contest:**

The time limit for the performance of the required Poomsae in all events (Individual and Team) shall be 1 minute and 30 seconds

**3. Competition Codes of Conduct:**

The PTA Competition Codes of Conduct shall be strictly enforced.

**4. Uniform:**

The contestant shall use only the approved Taekwondo POOMSAE uniform (dobuk) with the PTA or WTF approved seal

**5. Competition Rules:**

For all other matters not provided in these competition ground rules, the current WTF Poomsae Competition Rules & Interpretation and the Palarong Pambansa Guidelines shall apply.

**E. AWARDS FOR THE POOMSAE EVENT**

**1. Individual Poomsae:**

Winning contestants in the Individual Poomsae categories shall be awarded the following medals.

First Place	-	Gold Medal
Second Place	-	Silver Medal
Third Place	-	Bronze Medal

**2. Team Poomsae:**

Winning contestants in the Team Poomsae categories shall be awarded the following medals.

First Place	-	Gold Medal (3 Gold)
Second Place	-	Silver Medal (3 Silver)
Third Place	-	Bronze Medal (3 Bronze)

**3. Mixed Pair Poomsae:**

Winning contestants in the Mixed Pair Poomsae categories shall be awarded the following medals.

First Place	-	Gold Medal (2 Gold)
Second Place	-	Silver Medal (2 Silver)
Third Place	-	Bronze Medal (2 Bronze)

Note: MEDAL TALLY FOR MIXED PAIR WILL BE RECORDED IN THE GIRLS DIVISION.

## MEDAL REQUIREMENTS

Elementary Boys Kyurogi	GOLD	SILVER	BRONZE
Category 1	1	1	2
Category 2	1	1	2
Category 3	1	1	2
<b>TOTAL:</b>	<b>3</b>	<b>3</b>	<b>6</b>

Elementary Girls Kyurogi	GOLD	SILVER	BRONZE
Category 1	1	1	2
Category 2	1	1	2
Category 3	1	1	2
<b>TOTAL:</b>	<b>3</b>	<b>3</b>	<b>6</b>

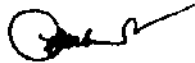
Secondary Boys Kyurogi	GOLD	SILVER	BRONZE
<b>DIVISION</b>			
FIN	1	1	2
FLY	1	1	2
BANTAM	1	1	2
FEATHER	1	1	2
LIGHT	1	1	2
WELTER	1	1	2
Open WEIGHT	1	1	2
<b>TOTAL:</b>	<b>7</b>	<b>7</b>	<b>14</b>

Secondary Girls Kyurogi	GOLD	SILVER	BRONZE
<b>DIVISION</b>			
FIN	1	1	2
FLY	1	1	2
BANTAM	1	1	2
FEATHER	1	1	2
LIGHT	1	1	2
WELTER	1	1	2
OPEN WEIGHT	1	1	2
<b>TOTAL:</b>	<b>7</b>	<b>7</b>	<b>14</b>

<b>Poomsae Elementary Boys &amp; Girls</b>	<b>Category</b>	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
Boys Group 1	Individual	1	1	1
Boys Group 2	Individual	1	1	1
Girls Group 1	Individual	1	1	1
Girls Group 2	Individual	1	1	1
<b>BOYS</b>	Team	<b>3</b>	<b>3</b>	<b>3</b>
<b>GIRLS</b>	Team	<b>3</b>	<b>3</b>	<b>3</b>
<b>Boys &amp; Girls</b>	Mixed Pair	<b>2</b>	<b>2</b>	<b>2</b>
<b>TOTAL:</b>		<b>12</b>	<b>12</b>	<b>12</b>

<b>Poomsae Secondary Boys &amp; Girls</b>	<b>Category</b>	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
Boys Group 1	Individual	1	1	1
Boys Group 2	Individual	1	1	1
Girls Group 1	Individual	1	1	1
Girls Group 2	Individual	1	1	1
<b>Boys</b>	Team	<b>3</b>	<b>3</b>	<b>3</b>
<b>Girls</b>	Team	<b>3</b>	<b>3</b>	<b>3</b>
<b>Boys &amp; Girls</b>	Mixed Pair	<b>2</b>	<b>2</b>	<b>2</b>
<b>TOTAL:</b>		<b>12</b>	<b>12</b>	<b>12</b>

Prepared by:



Harry P. Tabuada  
Tournament Manager  
2017 Palarong Pambansa

# PENCAKSILAT

## Palarong Pambansa 2017

### I. Competition Rules

International Pencak Silat Federation or (PERSILAT) rules of competition will be adopted in the conduct of tournament.

International Pencak Silat Competitions are performed in principles of brotherhood and knightly feelings by using elements of self defense, arts and Pencak Silat sports and by honoring IKRAR PESILAT (PESILAT PLEDGE) highly.

The competitions are carried out in accordance with the category rules regulated in the competition regulations and conducted by legal technical official of competitions

Pencak Silat competition categories consist of:

- A. **TANDING** (Match) category
- B. **TUNGGAL** (Single) category
- C. **GANDA** (Double) category

In order to perform the Pencak Silat competitions as well as possible conformed to their purposes and objectives, the Regulations of the Pencak Silat Competitions are established as follows:

### II. Events (Artistic 12-17 yr old)

**Secondary: Competition of TEENAGERS groups for Boys and Girls aged over 12 until 17 years:**

#### A. Tanding:

**Boys (12-17 yr. old)**

Class A 42 kg up to 45 kg

Class D over 45 kg up to 48kg

**Girls (12-17 yr. old)**

Class A 42 kg up to 45 kg

Class D over 45 kg up to 48 kg

B. **Tunggal- Individual with weapon**

**Tunggal- Individual with weapon**

C. **Ganda-Double Cinematic Performance** **Ganda-Double Cinematic Performance**

#### I. Guidelines

- Participants/ Delegates must pass all the requirements of the eligibility committee created by DepEd. executive committee.
- Each team must have at least 1 representative who passes the DepEd technical officials training accreditation. He/she will serve as technical official. In the absence of team representative or undermanned of the technical officials, the committee will hire the services of NSA accredited officials.
- Each team must have at least 1 coach and chaperon who pass the DepEd. coaching accreditation for PencakSilat.
- The composition of players for artistic events must be taken from *Tanding* players.
- Artistic performance must be accompanied with Asian origin ethnic music.

- Players who could not appear in the inspection area after the third and final calls will be automatically declared as walk over.
- The official tournament equipment provided by the technical committee must be used in all matches.
- Mouth guard, groin guard, shin guard, arm guard, head gear and weapons must be personalized by the player or provided by their team.
- Misbehavior of coaches, players and delegation members, (friends and relatives shall be treated as severe violation of the players representing their party/team), hence it is a ground to qualify him/her to disqualification after warning 2.
- Smoking in any form is not allowed in the tournament premises. The tournament manager has the power to give orders the peace and order committee to send the subject outside the tournament premises.
- Protest shall be made in writing and shall be submitted immediately after the match in question. If the competition has progressed to the next level or if the contestant subject to protest has already fought the next match, then the protest shall not be entertained.
- The protest shall be submitted together with the protest fee of Php. 5,000.00. If the decision is made in favor of the protesting party, then the protest fee shall be returned in half of the amount paid. Upon receiving the written protest, the tournament manager shall immediately convene the Arbitration committee to decide on the matter.
- The decision of referee is final.
- The team with highest points/medals shall be declared as the winning team.
- The winning team with their coach shall represent in the higher meet. The coach of winning team shall have the prerogative to get players from other team to be included in his team for the purpose of higher competition
- The cutoff date of birth by the player for elementary is January 2004 and secondary is January 1999.



#### IV. Scoring Area/Target

A. A validating and scoring area is 'Togok' which covers the trunk area excluding the neck upwards and area from the navel downwards to the groin:

- a. Chest
- b. Abdomen (navel upwards)
- c. Left and right ribs
- d. Back part of the trunk

Limbs can be targeted for an intercepting attack while aiming to strike down the opponent but are non-scoring area.

#### IV.a. Prohibitions

Prohibitions which are declared as violations:

##### IV.a.1. Serious violations

- a. Attack illegal parts of body ie. neck, head and navel downwards to groin.
- b. Direct attempts to break the joints.
- c. Deliberately throw the opponent out of the arena.
- d. Hit the head or attack with head.
- e. Attack the opponent before the 'MULAI' command or after the 'BERHENTI' command is given by the Referee, causing injury to the opponent. (perlu penjelasan peraturan pertandingan)
- f. Wrestle, bite, scratch, grip, and pull the opponent's hair/jibe. (perlu penjelasan peraturan pertandingan mengenai penggunaan jilbab)
- g. A Pesilat challenges, humiliates, embraces, hits, uses impolite words, spits, over-voices to provoke opponent or Competition Officials (Technical Delegate, Competition Chairman, Council of Referee-Jury, and Referee-Jury).
- h. Break the competition rules.
- i. Hold, keep or embrace while attacking.

##### IV.a.2. Light violations:

- a. Does not use a 'kaidah' (principle).
- b. Walk out of the arena whether intentionally or unintentionally.
- c. Embrace the opponent in process of defending.
- d. Attack with front/back sweeping technique, scissoring while in lying position more than once in one round to waste time.
- e. Communicate with outsider either by certain gesture/signals or by spoken words.
- f. Both Pesilats are passive or when one of Pesilat is passive more than 5 seconds.
- g. Over-yelling during competing.
- h. Wrong direction of attack.
- i. Intentionally push the opponent out from the arena.

##### IV.a.3. Faulty Defensive Technique:

- a. A valid attack with accurate direction but may cause injury due to the opponent's faulty defensive technique (i.e. dodging towards the incoming attack direction) is not declared as a violation.

- b. If the above attacked opponent is injured but remains conscious, the Referee will call for a doctor at once. If the doctor decides that the injured Pesilat is no longer fit, the Pesilat will be declared 'defeated by technical knock-out'.
- c. If according to doctor the knock-downed Pesilat is fit and cannot stand up at once, the Referee will immediately start the technical counting..

## V. Scoring

### a. Scoring Rules:

Technical Performance Score:

- Score 1** An attack by hands successfully hitting the target without being blocked by repulse/parry, dodged or evaded by the opponent.
- Score 1+1** Successful parrying, dodging or evading against the opponent's attack, and immediately followed by a successful hand attack.
- Score 2** An attack by foot successfully hitting the target without being blocked by repulse, dodged or evaded by the opponent.
- Score 1+2** Successful parrying, dodging or evading against the opponent's attack, and immediately followed by a successful attack by foot.
- Score 3** Dropping technique which succeeds in flooring the opponent.
- Score 1+3** Successful parrying, dodging, evading or catching against the opponent's attack, and immediately followed by a successful dropping technique.

## VI. Victory Decision

- a. Win by Score
- b. Win by Technical Superiority
- c. Win by Absolute Victory
- d. Win by RSC (Referee Stop Contest)
- e. Win by WO (Walk Out)
- f. Win by Disqualification.

## VII. Equipment

- Gong (c/o DepEd)
- Body protector (c/o delegation)
- Grain protector- (c/o delegation)
- Shin guard (c/o delegation)
- Arm guard (c/o delegation)
- Head gear (c/o delegation)
- Gum shield (c/o delegation)
- Hand glove (c/o delegation)
- Tournament Lamp (DepEd)
- Flag: 8"x 12"--2 yellow, 6 blue, and 6 red (c/o DepEd)
- Stopwatch 2pcs (c/o DepEd)
- Olympic Size tournament arena (121pcs 1X3m rubber mat X5cm thickness (c/o DepEd)

- Round Lamp (c/o DepEd)
- Weighing Scale (c/o DepEd)
- 1Mx1M 8 plastic table-3 c/o DepEd
- Long Table-2 skirted with cloth (c/o DepEd)
- Chairs-30 pieces (c/o DepEd)
- Bucket 2 pieces
- Forms and score sheets (c/o DepEd)



## 3x3 Official Rules of the Game

January 2016

The Official FIBA Basketball Rules of the Game are valid for all game situations not specifically mentioned in the 3x3 Rules of the Game herein

### Art. 1 Court and Ball

The game will be played on a 3x3 basketball court with 1 basket. A regular 3x3 court playing surface is 15m (width) x 11m (length). The court shall have a regular basketball playing court sized zone, including a free throw line (5.80m), a two point line (6.75m) and a "no-charge semi-circle" area underneath the one basket. Half a traditional basketball court may be used

The official 3x3 ball shall be used in all categories

*Note: at grassroots level, 3x3 can be played anywhere; court markings – if any are used – shall be adapted to the available space*

### Art. 2 Teams

Each team shall consist of 4 players (3 players on the court and 1 substitute).

*Note: No coach on the playground, no remote coaching from the bleacher is allowed*

### Art. 3 Game Officials

The game officials shall consist of 1 or 2 referees and time/score keepers.

### Art. 4 Beginning of the Game

4.1. Both teams shall warm-up simultaneously prior to the game.

4.2. A coin flip shall determine which team gets the first possession. The team that wins the coin flip can either choose to benefit from the ball possession at the beginning of the game or at the beginning of a potential overtime.

4.3. The game must start with three players on the court

*Note: articles 4.3 and 6.4 apply to FIBA 3x3 Official Competitions\* only (not mandatory for grassroots events).*

*\* FIBA Official Competitions are Olympic Tournaments, 3x3 World Championships (incl. U18), Zone Championships (incl. U18), the 3x3 World Tour and 3x3 All Stars*

### Art. 5 Scoring

5.1. Every shot inside the arc shall be awarded one 1 point.

5.2. Every shot behind the arc shall be awarded 2 points.

5.3. Every successful free throw shall be awarded 1 point.

### Art. 6 Playing time/Winner of a Game

6.1. The regular playing time shall be as follows: one period of 10 minutes playing time. The clock shall be stopped during dead ball situations and free throws. The clock shall be restarted after the exchange of the ball is completed (as soon as it is in the offensive team's hands).

6.2. However the first team which scores 21 points or more wins the game if it happens before the end of regular playing time. This rule applies to regular playing time only (not in a potential overtime).

6.3. If the score is tied at the end of playing time, an extra period of time will be played. There shall be an interval of 1 minute before the overtime starts. The first team to score 2 points in the overtime wins the game.

6.4. A team shall lose the game by forfeit if at the scheduled starting time the team is not present on the playing court with 3 players ready to play. In case of a forfeit, the game score is marked with w-0 or 0-w ("w" standing for win).



6.6. A team shall lose by default if it leaves the court before the end of the game or all the players of the team are injured and/or disqualified. In case of a default situation, the winning team can choose to keep its score or have the game forfeited, whilst the defaulting team's score is set to 0 in any case.

6.6. A team losing by default or a tortuous forfeit will be disqualified from the competition.

*Note: if a game clock is not available the running time's length and/or required points for sudden death is at the organizer's discretion. FIBA recommends setting the score limit in line with the game's duration (10 minutes/10 points; 15 minutes/15 points; 21 minutes/21 points).*

#### Art. 7 Fouls/Free throws

7.1. A team is in a penalty situation after it has committed 6 fouls. Players are not excluded based on the number of personal fouls subject to art. 15.

7.2. Fouls during the act of shooting inside the arc shall be awarded 1 free throw, whilst fouls during the act of shooting behind the arc shall be awarded 2 free throws.

7.3. Fouls during the act of shooting followed by a successful field goal shall be awarded 1 additional free throw.

7.4. Team fouls 7, 8 and 9 shall always be awarded with 2 free throws. The 10<sup>th</sup> and any subsequent team foul will be awarded with 2 free throws and ball possession. This clause is applied also to fouls during shooting and overrules 7.2 and 7.3.

7.5. All technical fouls will be always awarded with 1 free throw and ball possession; whilst unsportsmanlike fouls will be awarded with 2 free throws and ball possession. The game shall continue with an in-play ball behind the arc at the top of the court after a technical or unsportsmanlike foul.

*Note: no free throws are awarded after offensive foul.*

#### Art. 8 How the Ball is played

8.1. Following each successful field goal or last free throw (except those followed by ball possession).

- A player from a non-scoring team will resume the game by dribbling or passing the ball from inside the court directly underneath the basket (not from behind the end line) to a place on the court behind the arc.
- The defensive team is not allowed to play for the ball in the "no-charge semi-circle area" underneath the basket.

8.2. Following each unsuccessful field goal or last free throw (except those followed by ball possession).

- If the offensive team rebounds the ball, it may continue to attempt to score without returning the ball behind the arc.
- If the defensive team rebounds the ball, it must return the ball behind the arc (by passing or dribbling).

8.3. If the defensive team steals or blocks the ball, it must return the ball behind the arc (by passing or dribbling).

8.4. Possession of the ball given to either team following any dead ball situation shall start with a check-ball, i.e. an exchange of the ball (between the defensive and the offensive player) behind the arc at the top of the court.

8.5. A player is considered to be "behind the arc" when neither of his feet are inside nor step the arc.

8.6. In the event of a jump ball situation, the defensive team shall be awarded the ball.

#### Art. 9 Stalling

9.1. Stalling or failing to play actively (i.e. not attempting to score) shall be a violation.

9.2. If the court is equipped with a shot clock, a team must attempt a shot within 12 seconds. The clock shall start as soon as the ball is in the offensive players' hands (following the exchange with the defensive player or after a successful field goal underneath the basket).



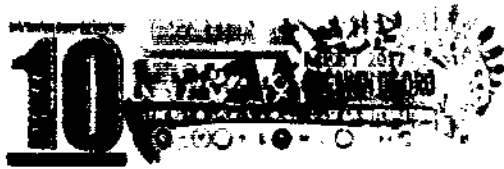
# QUALIFIERS ATHLETICS - ELEMENTARY

## ELEMENTARY - BOYS

No.	DIVISION	NAME OF ATHLETE
1	BUKIDNON	MONTEZA EDRAN
2	BUKIDNON	ABRO KENALON
3	BUKIDNON	CAUMBAN MARRKEM
4	BUKIDNON	DUMDUM JOSEPH
5	BUKIDNON	ABRO KENALON
6	BUKIDNON	CAPITAN RAFFI
7	BUKIDNON	LACA RIGER JOHN
8	BUKIDNON	VERZO DUMDUM
9	BUKIDNON	MATEO JAY AL JAL
10	DAMPAS	UGAT MARIAN SANT
11	ODD	ZARATE ELIPE
12	ODD	VERDARA WIL
13	SINGAPO	GUNE KEN JAY
14	SINGAPO	TULO CHRISTIAN JOHN
15	LDN	BACO MARTIN
16	LDN	MARANDA JOHN CLARENCE
17	MALAYBALAY	GUINTRAN JAYMAR
18	MALAYBALAY	FAPAUREN ANNE MARIE
19	MALAYBALAY	LANDASAN MICHELLE
20	MIS OCC	LOPEZ REN
21	MIS OCC	TENO JOHN HILTON
22	MIS OCC	LAPARAN PETERSON
23	MIS OCC	MAGDALAN FAYRINE
24	MIS OCC	PEROCHO FELMAR REN
25	MIS OR	FALAPAR VANESSA
26	MIS OR	DUNELA LINDA RENEE
27	MIS OR	MALDAS ERIC
28	MIS OR	KAYNA LINDA
29	MIS OR	RATULA DARRIN
30	MIS OR	APDAN DAVID RALPH
31	MIS OR	LACAN JAMES RALPH
32	MIS OR	DAYLOS FENEL
33	MIS OR	FARNES JEREMY
34	MIS OR	TUBAO ARVIN
35	MIS OR	DELOY JOHN
36	OROQUIETA	PALOR VERAID
37	OSAME	CLARESWA ANNIE
38	OSAME	MAHARAL HENRY
39	OSAMU	MANO MARICEL
40	TANGUB CITY	PAPEL TEOFILO
41	VALENCIA	MUNEZ RICHARD

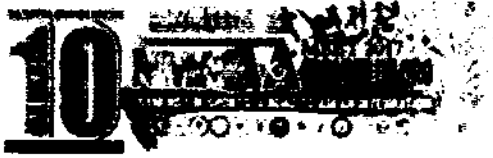
## ELEMENTARY - GIRLS

No.	DIVISION	NAME OF ATHLETE
1	BUKIDNON	PALAYA LORRAINE JANE
2	BUKIDNON	NACIONAL PRECIOUS ANA
3	BUKIDNON	PEREZ CYRIL
4	BUKIDNON	AVERGONZADO DAISY JOY
5	BUKIDNON	LOPERA MA SOPHIA
6	BUKIDNON	PANA NORRY MAE
7	BUKIDNON	RABAGO LESLIE
8	BUKIDNON	VLORIA ROSE SHARPIE
9	BUKIDNON	ARDENO LADY JANE
10	ODD	VALLEVA ALI A MARGARETTE
11	EL SALVADOR	PASSION JACQUELYN
12	LDN	EULADO EPCA
13	LDN	ALON JESSEL MAE
14	MALAYBALAY	FERNANDEZ CARESSA
15	MIS OCC	FRAS MAF ANN
16	MIS OCC	ONE ROYAN
17	MIS OCC	MISOBIA JEAN
18	MIS OCC	CALINCO ANGEL HIL ROSE
19	MIS OCC	BARUL MICHELLE JANE
20	MIS OCC	BAGNO JESSIE
21	MIS OR	JABLA DENISE YVONNE
22	MIS OR	LACADEN STEPHANIE GRACE
23	MIS OR	PACAMALAN ERICH JOY
24	MIS OR	TANGHAL NETCHE
25	MIS OR	SABUNO CHERRY ANN
26	MIS OR	BATOMALABUE DIANE
27	MIS OR	EJEM MEDAELYN
28	VALENCIA	FERNANDEZ CARESSA



# QUALIFIERS ATHLETICS - SECONDARY

SECONDARY - BOYS			SECONDARY - GIRLS		
No.	DIVISION	NAME OF ATHLETE	No.	DIVISION	NAME OF ATHLETE
1	BUNIDYON	DALLAS ANTONIO	1	BUNIDYON	LAGUNA KEYSIE
2	BUNIDYON	TIGAO CARAN	2	BUNIDYON	LEBATO CAMILA
3	BUNIDYON	DOSOL JOHN VINCENT	3	BUNIDYON	LANO JOEM
4	BUNIDYON	ORAS MICHAEL	4	BUNIDYON	ABRIDA SYLVAN FAITH
5	BUNIDYON	REDONDO JAMES RYAN	5	EDU	PAJALA CRYSTA
6	BUNIDYON	BAYANBAN CHERWIN	6	EDU	ILANESSE SHEA
7	BUNIDYON	TAMAYO RICHARD	7	EDU	COMDAL ROSYLENE NENE
8	BUNIDYON	RAMERABLES FREDRICK	8	EDU	LAGAC JENIFER
9	BUNIDYON	PASAPORTE RICHARD	9	EDU	BARBA RITA
10	BUNIDYON	VERZO JAVIER NENEH	10	EL SALVADOR	SABELLANA NELLY
11	LAMIGUON	KACIES JENIFER MAE	11	LAGAN	ARLEGA ANGELEKA
12	ODD	BALAJOL JESSIE	12	LAGAN	INTERVENTOR FANELA
13	ODD	NER JUSTIN PHILLIPS	13	LDN	TAMPOA ALLYAN MAY
14	ODD	MAGNETIC JEFF	14	LDN	ALEXANDERA CAYLIE
15	ODD	BACORO JAY	15	MALAYBALAY	MALAFAD LYNETTE KATE
16	EL SALVADOR	RODRIGUEZ JAY	16	MALAYBALAY	PALISAY DANIEL
17	GINGOGS	BRODITH PAUL	17	MALAYBALAY	RODRIGUEZ AUBREY
18	GINGOGS	BONGCAMEL FRANKLIN	18	MALAYBALAY	LAZAR LUCY
19	GINGOGS	LEPODO JESSIE	19	MIS OCC	PATA RHEA
20	GINGOGS	CUPRI JENMAR	20	MIS OCC	MAGLASANG SHELOU MAE
21	GINGOGS	BUCO RICHARD	21	MIS OCC	TAGALOGUIN JENNY
22	LAGAN	MANABALAN JENIFER MAE	22	MIS OCC	CARPENTER JAYE
23	LDN	CANETE FRANK	23	MIS OCC	SICORREGUE ANJALA YN
24	LDN	CANETE JEFF	24	MIS OCC	MAGLASANG SHELOU MAE
25	LDN	MAMARITA LINDA MARICHA	25	MIS OCC	ORICAYO CARLA MAE
26	LDN	RUBENA MARIE LUCY	26	MIS OF	PAMA JENIE DIALA
27	MALAYBALAY	ESPENITO JENIFER MAE	27	MIS OF	LORDELOS JENIE
28	MALAYBALAY	SUELA ANJALA YN	28	MIS OF	MENDOZA ANJALA YN
29	MALAYBALAY	GUJA MARIE	29	MIS OF	KALARA ANJALA YN
30	MALAYBALAY	ARELLANO JENIE	30	MIS OF	PALANAL JENIE MAE
31	MIS OCC	LAPARAN PETERSON	31	MIS OF	PARALES ANJALA YN
32	MIS OCC	MAGBALAN RAYMUND	32	MIS OF	PAMA JENIE DIALA
33	MIS OCC	PEROCHO ELMAR RICHARD	33	VALENCIA	BALDOMAR JESSECA
34	MIS OF	MAJALAC ESPINOZA	34	VALENCIA	DELACRUZ ANGELEKA
35	MIS OF	CAYLA JENIE	35	VALENCIA	TAYPIL EMMA YN
36	MIS OF	PAJALA JENIFER			
37	MIS OF	APDAN JENIFER MAE			
38	MIS OF	DAJAN ANJALA YN			
39	MIS OF	DAYVON JENIE			
40	MIS OF	FARNEY JENIFER			
41	MIS OF	TIGAO ANJALA YN			
42	MIS OF	DELACRUZ JENIE			
43	OROGUETA	FALLER JENIE			

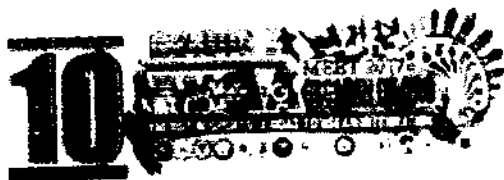


# QUALIFIERS SWIMMING - ELEMENTARY

ELEMENTARY - BOYS		
NO.	DIVISION	NAME OF ATHLETE
1	BUKIDNON	CARALDE JOHN BART
2	BUKIDNON	LUEROD CYREL FRIZ
3	COO	LAYSON JAY CAIS
4	COO	CARTRECE LORENDA
5	COO	DICHOS LORREA
6	COO	KUNSAIA CRIS JEREN
7	COO	DURDOTAL ARHILLE PALE
8	COO	LAWSON JOSHUA
9	COO	RAMOL JHUMAR
10	COO	AGULLO EDRIAN
11	IGUAN	EDMAS JAY
12	IGUAN	ERLAN SHAN
13	IGUAN	YADAMON ERIEL TRINIDAD
14	IGUAN	SALOMO BRYANT MAR
15	IGUAN	TEVEDY BRYANT
16	IGUAN	MONTAYRE JAYLE CARLE
17	LEON	DIPATAUN JHARY
18	LEON	DIPATAUN JAFAR
19	MALAYBALAY	CARRIEDO FIZ JARAL
20	MALAYBALAY	QUELAS LEIFON MANGALAN
21	MALAYBALAY	YOCUM FRANK MARI
22	MALAYBALAY	LIMASAG JERHURIT
23	MALAYBALAY	EBAY ELAZAR
24	MIS OR	LEASNA RANIERE MARI
25	MIS OR	TABONG MARVEN
26	MIS OR	LEON LUS MATHIAS
27	MIS OR	LAYOS ANTHONY
28	MIS OR	KUTRES RONNIELE
29	OZAMIZ	MONTERA NIROD
30	OZAMIZ	ROYQUILLO MIAN
31	OZAMIZ	MONTERA SHILOH
32	OZAMIZ	HALOC AL MARCEL
33	TANGUB	TU ROMEDY
34	VALENCIA	BATARES JENAL
35	VALENCIA	SARUSA MIGUEL
36	VALENCIA	MORGA HARRI SEMI-HERNANDEZ
37	VALENCIA	VALANAL ANTON RANIEL
38	VALENCIA	MORGA SHEANTAN RANIEL
39	VALENCIA	VALLEJO GRANT
40	VALENCIA	SABINA LUIS SHILOH
41	VALENCIA	DOMAZA MILO
42	VALENCIA	CURON JERST

ELEMENTARY - GIRLS		
NO.	DIVISION	NAME OF ATHLETE
1	BUKIDNON	VICTORIA GENARA
2	BUKIDNON	GACUS KHEZZIAH OLAY
3	COO	LASIMAY ALTHEA
4	COO	MINGO ARANIE CLAIR
5	COO	CARAL MARIA ANGELA
6	COO	MOLLE KLEIME
7	COO	PETUSA SOPHIE
8	COO	LEPE LORES
9	COO	SERNIA JANELLE
10	COO	LAYOHY YESHA
11	IGUAN	MAMIRAY THELSEA
12	IGUAN	ARLEZA ANGE
13	IGUAN	PAPATANT BRENDA MINGO A
14	IGUAN	MACABO TENE FRANK
15	IGUAN	MAMIRAY JAMARA
16	LEON	GAMOLON JESSA MAE
17	LEON	BAYON ANGELA
18	MALAYBALAY	LEASPE LEONIAN MIGUEL
19	MALAYBALAY	CABALLERO FRANCES LEA
20	MALAYBALAY	QUEAL JAYAL
21	MALAYBALAY	ORONG FARISSA
22	MIS OR	MARINO MICHELLE
23	OZAMIZ	VELANUEVA ASHLEY RHELY
24	OZAMIZ	MAGHANOY KYSEA CAZHANORA
25	TANGUB	TU ALBY VETRICE
26	TANGUB	GERALDE ROMELLE
27	TANGUB	MANLEORO LOUSA FRANKIE
28	TANGUB	LEASPE CHRISTY
29	TANGUB	MANDAWE REGINE
30	VALENCIA	PARADERE LARRYNE
31	VALENCIA	BALANDRA RYZA CAMILLE
32	VALENCIA	DAWAN IRAN
33	VALENCIA	MILASO MAYCA LAREL
34	VALENCIA	LEPITAS VAL OPELSE
35	VALENCIA	ARIBERTO SOPHIE
36	VALENCIA	LEON RANIE YESHA
37	VALENCIA	COLANTES FAYNE
38	VALENCIA	AGRAYAN JESSA
39	VALENCIA	VALLEJO JARMINE





# QUALIFIERS SWIMMING - SECONDARY

SECONDARY - BOYS		
No.	DIVISION	NAME OF ATHLETE
1	BUKIDNON	CAMUTAY JOSHUA
2	BUKIDNON	DELADA ANDREW
3	BUKIDNON	DEFAMENTE JEREMY PALE
4	CDO	ORONDE JONAS
5	CDO	TAGAAN JESANTAN
6	CDO	NAVE JONE MARL
7	CDO	AMICO JOHN
8	CDO	AMICO JAY MARL
9	CDO	IVER MAREL MARL
10	CDO	SALVADOR JONATHAN
11	LIGAN	CALTY JEREMY
12	LIGAN	RAMON JEREMY
13	LIGAN	DELARTA JAY MARL
14	LIGAN	ESTALANTE JEREMY
15	LIGAN	CHICO YAN MARL
16	LIGAN	GUADA JEREMY
17	LDN	MUTA CHRISTOPHER
18	LDN	YTIKO RAY
19	LDN	MORAL NICHOLAS
20	LDN	PACRIS MATHAY
21	MIS OR	TAPOLADO ENRIQUE
22	MIS OR	RAMOS JOY MARL
23	MIS OR	CALING FELIX
24	MIS OR	CALING JUDY
25	MIS OR	PAGASPAS JONATHAN
26	MIS OR	ABAYO CHRISTOPHER
27	MIS OR	IVER JAMES ANTON
28	MIS OR	MABONG BERNARD
29	OSAME	DELDA GETHA
30	OSAME	MUNYO JON
31	OSAME	RELAGO JOHN
32	OSAME	AMIC JAY MARL
33	OSAME	CHALDA CERRATO
34	TANGUB	TRU REURONG FRANCIS
35	TANGUB	LEGASPI CHRISTOPHER
36	TANGUB	BULAYBULAY TREVINO
37	TANGUB	MODADO RALPH RAYN
38	VALENCIA	QUIMBAD MARVIN
39	VALENCIA	ESPINAS JHANNINE
40	VALENCIA	MALAYANG JONATHAN
41	VALENCIA	LEONARDO JOHN
42	VALENCIA	GUERO RALPH MARL
43	VALENCIA	GUERO DENZEL MARVIN
44	VALENCIA	ORO ESTANISLAO
45	VALENCIA	LARIGUERO JAY
46	VALENCIA	PORRUCOS ANDREW

SECONDARY - GIRLS		
No.	DIVISION	NAME OF ATHLETE
1	BUKIDNON	LLEGUJAS MITZE
2	BUKIDNON	BURGOS GRAZIELE FAITH
3	BUKIDNON	WAGAS TRENA
4	CDO	MOLE CECILE ANJELA
5	CDO	BARERO TANYA ISABEL
6	CDO	APAG MA NIEVA LINA
7	CDO	SELL AMIKA MARAN
8	CDO	PABELO KAYLE SHARIELA
9	CDO	CHAN ANA NICOLE
10	CDO	ASIL STEPHANIE ELAINE
11	CDO	SY STACEY ROYNE
12	LIGAN	FERNANDO ALBERTY SHEAL
13	LIGAN	COSTES A FAYORA LUISSE
14	LIGAN	AUSTRA PRISTINA
15	LIGAN	RIVERA KATHERINE FAITH
16	LDN	FERNANDEZ GRACE
17	LDN	MALALBAN RACHEL ANNI
18	LDN	ABREGONDO AIZAH
19	LDN	CANEDA JESSICA JOY
20	MIS OR	BAJAS DIANE MARIE
21	MIS OR	LAMPAGO LEVI MARIE
22	MIS OR	GO TRICOLE MELAN
23	MIS OR	BAJAS DIONE MARIE
24	MIS OR	CALING JONAH MAEYAH
25	MIS OR	MONTESCARLOS RHEA
26	OSAME	MECTIA GULAN
27	OSAME	LASABANIA SHEREN BLANHE
28	OSAME	SANTANI ERICA
29	OSAME	YRANDE ELESHEA
30	TANGUB	MENDOZA ROOY FAITH
31	TANGUB	MALABOSA MARIE VIRGEN HOPE
32	TANGUB	BULLECER NICOLE GRACE
33	TANGUB	ALBATERA MA ABEGAR
34	TANGUB	FELICITAS SHARIEKA
35	VALENCIA	ADONICIA CEE JHAF
36	VALENCIA	QUIMBAD GENHEART
37	VALENCIA	IDULSA ZHAKIRA EYREL
38	VALENCIA	MORGIA VASATI DIANNA KELLY
39	VALENCIA	DASON JINOSY
40	VALENCIA	QUIMBAD BEA MARIE
41	VALENCIA	MALABO MELALBA
42	VALENCIA	MALAYANG JULIANNE
43	VALENCIA	EULDAN FRANCIS
44	VALENCIA	BARRO YNA