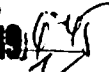


Republic of the Philippines
Department of Education
Division of Malaybalay City

DEPED MALAYBALAY CITY DIVISION
RELEASED
DATE: AUG 27 2019
BY: 

DIVISION MEMORANDUM

No. 282, s. 2019

TO : Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Public Elementary and Secondary School Heads
All Others Concerned

FROM : 
REBONFAMIL R. BAGUIO
Schools Division Superintendent

DATE : August 27, 2019

SUBJECT: **SWIMMING, ATHLETICS AND BASKETBALL DIVISION ENHANCEMENT TRAINING**

1. Relative to the 2019 Division Meet, this Office will conduct a Division **Swimming, Athletics and Basketball Training** to enhance the skills of coaches and teachers and improve the performance of the events in the 2019 Palarong Pampook.

EVENT:	VENUE:	DATE:	SPEAKERS:	FACILITATOR
Swimming	Bangcud Central School	August 30 and 31, 2019; 8:00 AM	Judey Rick W. Leonardo	Jonathan T. Dagaang Angelica M. Leonardo Teresita Asifero
Athletics	Casisang Central School	August 30 and 31, 2019; 8:00am	Sgt. Allan Ericida	Bonifacio M. Palo Jr.
Basketball	Bukidnon National High School	August 31, 2019 and September 1, 2019; 8:00AM	Jaypee Ralph Jumamoy Raul A. Fuentes	Flavio Alas Jr.

2. All MAPEH teachers are required to attend the workshop and are advised to wear T-Shirt and Jogging Pants. Further, school heads should see to it that classes will be taken cared of in adherence to DepED Order No. 9, S. 2005 entitled "Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance therewith.

3. Enclosed are Training Matrices.

4. Participants, committees and officials shall be entitled to service credits in accordance with DepEd Order No. 53, S. 2003: ***Updated Guidelines on the Grants of Vacation Service Credit to Teachers.*** Non-teaching personnel shall be provided with Compensatory Time Off (CTO) per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2, s. 2004 on Non-Monetary Renumeration for Overtime Service Rendered.

5. Traveling and other incidental expenses of the participants shall be charged to local funds subject to auditing rules and regulations. Honoraria of speakers shall be charged to Division MOOE.

6. Queries relative to this can be relayed to Rosie A. Salupado, Education Program Supervisor at 09178818413 and Bonifacio M. Palo Jr at 09178891397

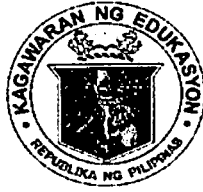
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TO BE POSTED IN THE WEB



Republic of the Philippines
 Department of Education
 Division of Malaybalay City

TRAINING MATRIX
ATHLETICS

DAY 1		
Suggested Timeline	Activity	Person Responsible
7:30 – 8:30AM	Registration	Lucilyn M. Cahucom
8:30 – 9:00AM	Opening Program	Bonifacio M. Palo
9:00 – 10:00	New Rules of Athletics	Sgt. Allan Ericida
10:00-11:00AM	Demonstration	Alexis James J. Labadan
11:00AM – 12:00NN		
12:00 – 1:00 PM	LUNCH	
1:00 – 4:00PM	Practicum on Athletics	Sgt. Allan Ericida
4:00 – 4:30 PM	Open Forum	Bonifacio M. Palo Jr.
DAY 2		
8:00 – 9:00AM	New Rules on Shot Put, Javelin Throw, Discuss Throw	Sgt. Allan Ericida
9:00 – 12:00AM	Demo on Shot Put, Javelin Throw, Discuss Throw	Sgt. Allan Ericida Alexis James J. Labadan
12:00 – 1:00 PM	LUNCH	
1:00 – 4:00PM	Practicum on Shot Put, Javelin Throw, Discuss Throw	Paul Patrick T. Padua
4:00 PM	Closing Program	Bonifacio M. Palo Jr.



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TRAINING MATRIX
SWIMMING

DAY 1		
Suggested Timeline	Activity	Person Responsible
7:30 – 8:30AM	Registration	Angelica M. Leonardo
8:30 – 9:00AM	Opening Program	Teresita Asiñero
9:00 – 10:00	What is Swimming Leadership and Qualities as a Coach	Judey Rick W. Leonardo
10:00-11:00AM	How to Coach Swimming	
11:00AM – 12:00NN		
12:00 – 1:00 PM	LUNCH	
1:00 – 4:00PM	How to Plan, Organize or Run a Swim Meet Seeding	Rudey Rick . Leonardo
4:00 – 4:30 PM	Disqualification	Jonathan T. Dagaang
DAY 2		
8:00 – 12:00 NN	Practicum	Judey Rick W. Leonardo All facilitators
1:00 – 1:30	Closing Program	In-charge

BASKETBALL TECHNICAL OFFICIALS REFRESHING COURSE:

August 31-September 1, 2019

TRAINING MATRIX:

TIME	DAY 1	
8:00-8:30AM	REGISTRATION	INCHARGE
8:30-9:30AM	OPENING PROGRAM	INCHARGE
9:00-10:00 AM	OFFICIAL BASKETBALL RULES(OBR)-FIBA BASIC RULES	SPEAKER
10:00-10:30AM	BREAK	
10:30-12:00AM	CONTINUATION-OBR BASIC RULE	SPEAKER
12:00-1:30PM	NOON BREAK	
1:30-2:30PM	OBR-FIBA RULES	SPEAKER
2:30-3:00PM	FIBA HAND SIGNAL-VIDEO	
3:00-3:30PM	BREAK	
3:30-5:00PM	3 PERSON OFFICIATING(3 PO)	SPEAKER
TIME	DAY 2	
8:00-9:00AM	CASE STUDY ANALYSIS; OBR FIBA INTERPRETATION	SPEAKER
9:00-10:00AM	FIBA OBR CHANGES	SPEAKER

10:00-10:30AM	BREAK	
10:30-12:00AM	COURT DRILLS	SPEAKER
12:00-1:00PM	NOON BREAK	
1:00-3:00PM	3 PO-MECHANICS/COVERAGE	SPEAKER
3:00-3:15PM	BREAK	
3:15-3:30PM	OPEN FORUM-Q & A	SPEAKER
3:30PM	CLOSING/ AWARDING	

NOTE:

- *PHYSICALLY FIT
- *BRING OWN WHISTLE
- *SPORTS ATTIRE

SPEAKER:

JAYDEE RALPH JUMAMON
 RAUL A. FUENTES