

2021-29185



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

DM-2021-03-128
DIVISION OF MALAYBALAY CITY DIVISION
RELEASED
DATE: MAR 15 2021 TIME: 4:30 PM
BY: [Signature]

DIVISION MEMORANDUM

No. 128, s. 2021

To: Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD and CID
Education Program Supervisors
Public Schools District Supervisors
All School Heads
All Others Concerned

From: **VICTORIA V. GAZO, PH.D, CESO V**
* Schools Division Superintendent

Date: March 15, 2021

Subject: **EMPLOYEES MENTAL WELLNESS AND TEAM BONDING PROGRAM**

1. Pursuant to DepEd Order No. 14, s. 2020 which details to the provision of mental health and psychological support services to increase the mental resilience of the learners and DepEd personnel. This Office in cooperation with the School Governance and Operation Division will hold an **Employees Mental Wellness And Team Bonding Program** on **March 23-26, 2021** at the Division Multi-Purpose Hall. Enclosed is the activity matrix for reference and guidance.

2. The expected output of the activity are the following:
a. Personnel's stronger relationship and cohesiveness;
b. Improved team communications; and
c. Motivated and ignited to work for excellence.

3. The participants of this four-day activity are all Division Office Personnel following the scheduled dates to avoid disruption of operation to wit:

| Date | Time | Office/Division |
|----------------------|---------------------------|--------------------|
| March 23, 2021/Day 1 | (8:00-12:00 to 1:00-5:00) | CID |
| March 24, 2021/Day 2 | (8:00-12:00 to 1:00-5:00) | SGOD |
| March 25, 2021/Day 3 | (8:00-12:00 to 1:00-5:00) | OSDS |
| March 26, 2021/Day 4 | (8:00-12:00 to 1:00-5:00) | CID, SGOD and OSDS |



Address: Sayre Hi-way, Purok 6, Casisang, Malaybalay City
Telefax No.: 088-314-0094; Telephone No.: 088-813-1246
Email Address: malaybalaycity@deped.gov.ph



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4. Should there be queries, contact *Mr. Rosalio P. Arangco*, Education Education Program, SGOD at 09171594825.

Enclosure as stated:
Copy furnished:
Records Unit/RPA



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Enclosure 1 of DM No. 128, s.2021

Employees Mental Wellness And Team Bonding Program
March 23-26,2021
Division Multi-Purpose Hall
Activity Matrix

| Time | Activity Day 1 | Activity Day 2 | Activity Day 3 | Activity Day 4 | In-Charge |
|--------------|--|--|--|--|--|
| 7:30 – 8:30 | Registration | Registration | Registration | Registration | Day 1: SGOD Day 2: CID Day 3: OSDS Day 4: SGOD / CID / OSDS |
| 8:30 -9:30 | Opening Program | Devotional | Devotional | Devotional | |
| 9:30 – 9:45 | Snacks | Snacks | Snacks | Snacks | |
| 9:45 – 12:00 | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | |
| 12:00 – 1:00 | LUNCH BREAK | | | | |
| 1:00 – 3:00 | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | Larong Lahi / Larong Pinoy / Ball Games / Zumba / Parlor Games | Closing Program | SGOD / CID / OSDS |
| 3:00 – 3:15 | Snacks | Snacks | Snacks | | |
| 3:15 – 5:00 | Continuation of the activity | | | | |



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