



Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

DM - 2021-07 - 378
DEPED MALAYBALAY CITY DIVISION
RELEASED 9:26 AM
DATE: _____ TIME: _____
BY: JUL 12 2021

DIVISION MEMORANDUM

No. 378, s. 2021

TO : Assistant Schools Division Superintendent
Chief Education Supervisors and Staff, CID and SGOD
School Heads
All Others Concerned
This Division

FROM :  VICTORIA V. GAZO, PhD, CESO V
Schools Division Superintendent

DATE : July 12, 2021

SUBJECT : DIVISION WEBINAR ON THE ADMINISTRATION OF THE REVISED
PHYSICAL FITNESS TESTS (PFT)

1. With the goal of promoting physical fitness among students amidst this pandemic, the Department of Education recognizes the need to administer and implement a comprehensive physical fitness testing program whose guidelines and procedure are articulated in the Revised Standard Physical Fitness Tests (PFT) Manual per DepEd Memorandum No. 034, s. 2019. New test items are incorporated to meet the changing fitness demands and requirements.
2. With this, the Curriculum Implementation Division through Music, Arts, Physical Education and Health (MAPEH), will conduct a **Division Webinar on the Administration of the Revised Physical Fitness Tests for Teachers via Google Meet in two (2) batches: 1st Batch: July 29 – 30, 2021 for Elementary, 2nd Batch: August 4 – 5, 2021 for Secondary.** Link will be posted a day before the activity.
3. The objectives of this activity is to:
 - a. enhance the knowledge and skills of the teachers on the administration of the health-related and skills-related fitness tests;
 - b. come up with a unified understanding of the administration of the Physical Fitness Tests and interpretation of the results;
 - c. produce an e-class Physical Fitness Test Card for recording of data;
 - d. provide teachers materials/instructional video lessons for blended learning.





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

4. The participants of this webinar are MAPEH teachers and actually teaching the subject from Grades 4 to Grade 10 level. See enclosure 1 for the list and distribution of participants by district for reference.
5. In line with this, participants are required to follow the procedures in joining the webinar, to wit:
- all participants are required to register using the link <https://form.gle/fZdKme9sfPBkgC3LA> on or before July 26, 2021.
 - situates in a location with stable and continuous internet connection.
 - use the operational DepEd email account and log-in one hour before the schedule, the link to the activity shall be sent directly to the email addresses of the participants.
 - minimize the volume of accessories such as headset and speakers or any audio devices to avoid feedback and echo.
 - mute your speakers during discussion and unmute if you are acknowledge to talk.
6. It is further requested, that all members of the technical working group shall be freed from school works, or the task can be given as work from home assignment subject to existing policies and guidelines of work from home arrangements of the Department. Refer to Enclosure 2 for the list of the technical working group and schedule of activities.
7. Shall there be queries, contact *Lou-Ann J. Cultura*, Education Program Supervisor at 09175397405.

Enclosed: As Stated
Copy Furnished: CID/Records

TO BE POSTED IN THE WEBSITE



Purk 6, Casisang, Malaybalay City
Telefax (088) 314-0094
Email: malaybalay.city@deped.gov.ph



Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

Enclosure No. 1

LISTS OF PARTICIPANTS BY DISTRICT
1ST Batch: July 29 – 30, 2021
Elementary (Grade 4, 5 and 6 Teachers)

District	No.	Name	Grade Level	School
District 1 (10pax)	1	Epifania B. Sarmiento	G6	Kalasungay CS
	2	Ria Maris A. Caterial	G4	Kalasungay CS
	3	Diadory L. Tamayo	G4	Patpat ES
	4	Jay Ar C. Aparece	G5	Patpat ES
	5	Kristina Kaye L. Palma	G5	New Ilocos ES
	6	Jayson G. Javeñar	G4-6	Capt. Angel IS
	7	Artidou S. Amotillo	G5	Capt. Angel IS
	8	Rufino Jesus R. Tilap	G4	Dalwangan ES
	9	Daisy H. Pandong	G6	Dalwangan ES
	10	Ruth D. Omarol	G4-5	Damitan ES
District 2 (11pax)	11	Maricel A. Domingo	G5	Baganao ES
	12	Ezra Mae Padillo	G5-6	Tagilanao ES
	13	Philip Ceazar D. Palamine	G6	Manalog IS (Elem)
	14	Jesselle B. Montellano	G6	Sumpong CS
	15	Julius B. Bayucot	G5	Sumpong CS
	16	Maristella L. Salvaña	G5	Kilap-agan IS
	17	Abigail E. Bestuir	G4-6	Candiisan IS (Elem)
	18	Joel Rey T. Lagunday	G6	Incalbog ES
	19	Kristyl S. Porcaraye	G4	Can-ayan IS (Elem)
	20	Cyril Mae N. Licawan	G5	Kibalabag IS (Elem)
	21	Irish C. Bustillo	G4-6	Tintinaan ES
District 3 (5pax)	22	Helen G. Bayron	G6	Sta. Ana ES
	23	Ellen S. Gacus	G5	Sta. Ana ES
	24	Ahmed R. Indapan	G4	Imbayao ES
	25	Cecil Joy M. Claor	G5	Imbayao ES
	26	Rejane Mae B. Tapungot	G6	Imbayao ES
District 4 (8pax)	27	Julie Ann G. Blase	G6	MCCS
	28	Genevieve B. Marabong	G5	MCCS
	29	Grace P. Lapar	G5	MCCS
	30	Rheza Ladra	G4	MCCS
	31	Ruina Joylit T. Cogling	G4	BCT ES
	32	Jonavilla D. Rezon	G4	BCT ES
	33	Jocelyn E. Lucasan	G5	Barangay 9 ES
	34	Fe E. Abaya	G4	Barangay 9 ES





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

District 5 (10pax)	35	Marivic T. Aleman	G6	Panamucan ES
	36	Doris O. Lopez	G5	Mabuhay IS (Elem)
	37	Marites T. Escamillan	G4	Mabuhay IS (Elem)
	38	Samuel M. Villahermosa	G6	Natid-asan ES
	39	Rosemarie R. Enomar	G6	San Jose ES
	40	Janette M. Merin	G4	San Jose ES
	41	Raquel N. Anguay	G5	Airport Village ES
	42	Ederlina S. Lucine	G6	Airport Village ES
	43	Jardiolen T. Carbajal	G5	Casisang IS (Elem)
	44	Myri Harvey S. Barrio	G6	Casisang IS (Elem)
District 6 (12pax)	45	Dulce Villanueva	G4	Aglayan CS
	46	Marnie Napalla	G5	Aglayan CS
	47	Jeg Glen V. Arendain	G6	Aglayan CS
	48	Marcelisa D. Coronel	G5	Magsaysay IS
	49	Leila D. Salvidas	G4	Magsaysay IS
	50	Erwin P. Cabucos	G5	Laguitas ES
	51	Geraldine E. Abendan	G4	Laguitas ES
	52	Jhareen M. Natinga	G6	Mapayag IS (Elem)
	53	Vinecar H. Adalim	G4	Balangbang ES
	54	Emalyn L. Kinontao	G6	Bendolan ES
	55	Jovelyn P. Ragmac	G6	Cabangahan ES
	56	Letecia A. Casimero	G6	Cabangahan ES
District 7 (10pax)	57	Charity S. Senolay	G4	Bangcud CS
	58	Cathy Jane L. Dumanlag	G5	Bangcud CS
	59	Antonio L. Alboroto	G5	Dapulan ES
	60	Richelle A. Agbu	G5	Dapulan ES
	61	Jessie Jane V. Maano	G5	Calawag ES
	62	Placida T. Obra	G2	Simaya IS
	63	Mechell V. Velasco	G3	Simaya IS
	64	Vanessa Joy D. Mirafuentes	G4	Padernal ES
	65	Juvilyn L. Lilangan	G4	Macote ES
	66	Rosalia B. Nebria		Macote ES
District 8 (10pax)	67	Jomar A. Sangoy	G4	Lalawan ES
	68	Jason F. Supena	G6	Sawaga ES
	69	Bobby Tagailo		Paiwaig ES
	70	Dennis P. Panganiban	G6	San Roque ES
	71	Mary Joy. J. Rojas		San Martin ES
	72	Maria Susan S. Delos Santos	G5	San Martin ES
	73	Daniel Delos Santos		Isabela Ayala Gonzales ES
	74	Jovelyn A. Naringahon	G5	Linabo CS
	75	Don Kevin Plazos	G4	Linabo CS
	76	Aileen M. Tago	G6	Linabo CS





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

District 9 (12pax)	77	Gretchen Mae F. Dumayaca	G3	Bagong Silang ES
	78	Cherrybelle N. Ferolino	G4	Dumayas ES
	79	Nonie N. Balighot	G4	Managok CS
	80	Ruel C. Polley	G5	Managok CS
	81	Jeannie D. Mendez	G6	Managok CS
	82	Mirasol P. Espinosa	G6	Managok CS
	83	Sabino B. Organiza	G5	Lunukan ES
	84	Quennie Mae B. Cabalquinto	G5	Maligaya ES
	85	Gloria B. Barrit	G5	Langasihian ES
	86	Luchie Ann Mae E. Dablio	G4	Miglamin ES
	87	Miriam E. Elle	G4	Miglamin ES
	88	Arnold E. Atad	G6	Matangpatang ES
District 10 (12pax)	89	Jean S. Sutacio	G5	Zamboanguita CS
	90	Kynne Claire G. Hanopol	G6	Kibalabag ES
	91	Michael John L. Bingat	G6	Pighalugan ES
	92	Mercedita P. Baga	G5	St. Peter ES
	93	Princess Venus G. Madjus	G6	Pigpamulahan ES
	94	Marvin O. Gambuta	G4,5,6	Caburacanan ES
	95	Jeson D. Ascarez	G6	Mapulo ES
	96	Mary Fe T. Rizon	G4	Indalasa ES
	97	Erwin L. Talason	G6	Busdi IS (Elem.)
	98	Helen C. Ocon	G5	Tuburan IS (Elem.)
	99	Charlyn S. Mefragata	G4	Silae ES
	100	Ann Raquel A. Torpio	G6	Kuiaman ES

LISTS OF PARTICIPANTS BY DISTRICT
2nd Batch: August 5 – 6, 2021
Secondary (Grade 7 to 10 Teachers)

District	No.	Name	Grade Level	School
District 1 (8pax)	1	Karl Ian TN Melendez	G7- 10	Capt. Angel IS (Sec)
	2	Fe Arned S. Copiado	G7- 8	Capt. Angel IS (Sec)
	3	Shela Mae A. Montesclaros	G7	Dalwangan NHS
	4	Maria Theresa G. Wae	G8	Dalwangan NHS
	5	Alexis Litocon	G9	Dalwangan NHS
	6	Joey S. Sohento	G8	Kalasungay NHS
	7	Jestony R. Pandong	G9-10	Kalasungay NHS
	8	Ebelin B. Damiles	G7	Kalasungay NHS
District 2 (8pax)	9	Brendon Estrada	G7-9	Manalog IS (Sec)
	10	Justine Carriel S. Cenisa	G9	Manalog IS (Sec)
	11	Chloe D. Rozal	G9-10	Candiisan IS (Sec)
	12	Eric Dave S. Porras	G7-8	Candiisan IS (Sec)





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

	13	Jenelyn B. Gomez	G7 & 10	Can-ayan IS (Sec)
	14	Merleza B. Cabañas	G8 & 11	Can-ayan IS (Sec)
	15	Jessa P. Escosura	G 7-9	Kilap-agan IS (Sec.)
	16			Kibalabag IS (Sec)
District 3 (12pax)	17	Neo David E. Edejer	G7	Bukidnon NHS
	18	Naome N. Vallente	G7	Bukidnon NHS
	19	Febreelii L. Calma	G8	Bukidnon NHS
	20	John Dave S. Ricare	G8	Bukidnon NHS
	21	Gerlyn A. Gulle	G9	Bukidnon NHS
	22	Vladimer B. Daapong	G9	Bukidnon NHS
	23	Creselito A. Jadraque	G10	Bukidnon NHS
	24	Jane Eyre B. Cruz	G10	Bukidnon NHS
	25	Elvis V. Cabusas	G8	Bukidnon NHS
	26	Eduardo G. Cadiz, Jr.	G11-12	Imbayao NHS
	27	Jay Arr Tubio	G9-10	Imbayao NHS
	28	Emely R. Dinamling	G7-8	Imbayao NHS
District 4 (4pax)	29	Zennia G. Piquero	G9	Casisang NHS
	30	Cherryl E. Bello	G7-8	Casisang NHS
	31	Honey Fe Juno H. Domingo	G9	Casisang NHS
	32	John Michael Caga-anan	G10	Casisang NHS
District 5 (8pax)	33	Kween Jessa C. Pen	G7-8	Mabuhay IS (Sec)
	34	Charlyn Mae Lanorias	G7-8	Casisang CIS (Sec)
	35	Charlyn Grace A. Ganzon	G7-8	Casisang CIS (Sec)
	36	Joylyn Joy Salvaña	G7-8	Casisang CIS (Sec)
	37	Misty R. Cagmat	G10	MCNHS
	38	Earl Ivan D. Gumindan	G9	MCNHS
	39	Kathy Diane A. Omay	G7	MCNHS
	40	Melanie L. Tan Nery	G8	MCNHS
District 6 (9pax)	41	Sarah Jane Cambal	7	MCSNHS
	42	James C. Aguilar	8	MCSNHS
	43	Daryl Grace Peruelo	8	MCSNHS
	44	Cerecio Pacatang Jr.	9	MCSNHS
	45	Vanezza Joy Timario	10	MCSNHS
	46	Rhizza Elaine Suclatan	8	MCSNHS
	47	Johndie Bob A. Langahed	G9	Magsaysay IS (Sec)
	48	Teresita A. Rusiana	G8	Magsaysay IS (Sec)
	49	Aileen Dawn P. Ledesma	G7	Magsaysay IS (Sec)
District 7 (10pax)	50	Neil Mari Pepito	G7-8	Luyungan IP School
	51	Maria Nena Hanilie O. Enojada	G7	Bangcud NHS
	52	Appygale Hellicania	G7	Bangcud NHS
	53	Honey Claire Santander	G9	Bangcud NHS
	54	Jerry B. Quilaton	G10	Bangcud NHS
	55	Jodalín B. Rubin	G10	Bangcud NHS





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

	56	Rhea Mae A. Taga	G8	Bangcud NHS
	57	Schaffner Lou Bayola	G8	Bangcud NHS
	58	Joshua Aranco	G9-10	Apo Macote NHS
	59			Simaya IS
District 8 (7pax)	60	Jennifer R. Ebare		Lalawan NHS
	61	Mercy P. Hanginan		Lalawan NHS
	62	Sheena D. Legantin		Lalawan NHS
	63	Irene L. Libres		Lalawan NHS
	64	Arienne Marie C. Maquiling	G9-10	San Martin AINHS
	65	Ellyn L. Incepido		San Martin AINHS
	66	Methyl Jean R. Gabijan	G7-8	San Martin AINHS
District 9 (9pax)	67	Jerlet Concepcion	G7	Miglamin NHS
	68	Janice Fantonial	G7	Miglamin NHS
	69	Michel Escabarte	G8	Miglamin NHS
	70	Rowena Dela Rosa	G9	Miglamin NHS
	71	Mark Anthony Ticar	G10	Miglamin NHS
	72	Garry D. Garcia	G8	Managok NHS
	73	Joshua C. Aguilar	10	Managok NHS
	74	Jasiel D. Bacsarpa	G8	Managok NHS
	75	Jovelyn M. Cabaluna	G7	Managok NHS
District 10 (10pax)	76	Maria Fe S. Binayao	G7	Busdi IS (Sec)
	77	Lucille N. Ramos	G7	Busdi IS (Sec)
	78	Sheila Mae D. Binayao	G8 & 10	Busdi IS (Sec)
	79	Sydney Frenz Kaye S. Anselmo	G7,8	St. Peter NHS (Sec)
	80	John Ray Pancho	G9	St. Peter NHS (Sec)
	81	Aiza Pearl Salinguyan	G7	St. Peter NHS (Sec)
	82	Julie Jean R. Duran	G7	Tuburan IS (Sec)
	83	Charissa P. Payot	G8	Tuburan IS (Sec)
	84	Clarence Mark S. Gonzales	G7 & 10	Silae NHS (Sec)
	85	Apple May U. Escosa	G8 & 9	Silae NHS (Sec)





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

Enclosure 2

SCHEDULE OF ACTIVITIES

Activity	Date/Time	Venue	Person/s Responsible
Pre - Work Activity (via google meet)	July 13, 2021 2:00 – 5:00PM		Technical Working Group and Focal EPS
Scriptwriting of PFT Batteries and Protocols	July 14, 2021 8:00 – 5:00PM	To be arranged	
Video Shoot/ and Recording	July 15 - 16, 2021 8:00 – 5:00PM	To be arranged	
Video Editing and Enhancement	July 19 – 22, 2021 8:00 – 5:00PM	Multipurpose Hall, Division Office	
Pre-Viewing/Dry Run	July 23, 2021 9:00AM	Multipurpose Hall, Division Office	

MAPEH TECHNICAL WORKING GROUP

No.	Name	School	District	Assignment
1	Benjames P. Vilbar	Bukidnon NHS	3	Videographer/Demonstrator
2	Kristal Dave L. Miasco	Bukidnon NHS	3	Videographer/Editor
3	Annabelle J. Idulsa	Bukidnon NHS	3	Speaker/Demonstrator
4	Niza Nancy S. Javar	Bukidnon NHS	3	Speaker/Demonstrator
5	James Jacob L. Badajos	Bukidnon NHS	3	Editor/Demonstrator
6	Imee Christy I. Corona	Bangcud NHS	7	Speaker/Demonstrator
7	Kristel L. Rezon	Bangcud NHS	7	Scriptwriter/Demonstrator
8	Liasa S. Ecuasion	Bangcud NHS	7	Videographer/Editor
9	Julius Neil C. Pagaling	Dalwangan NHS	1	Editor/Demonstrator
10	Rynchel E. Himarangan	Casisang NHS	6	Speaker/Demonstrator
11	Raymond B. Tangcawan	Apo Macote NHS	7	Videographer/Demonstrator
12	Leziel L. Dumalagan	Kibalabag IS	2	Speaker/Demonstrator

