



DM-36943

Republic of the Philippines  
**Department of Education**  
REGION X - NORTHERN MINDANAO  
DIVISION OF MALAYBALAY CITY

DM-2021-08-427  
OFFICE OF THE DIVISION SUPERINTENDENT  
RECEIVED  
DATE: \_\_\_\_\_ TIME: 1:29 pm  
BY: AUG 12 2021

**DIVISION MEMORANDUM**

No. 427, s. 2021

TO: Assistant Schools Division Superintendent  
Chief Education Supervisors, CID and SGOD  
Public Elementary and Secondary School Heads  
All Others Concerned

FROM: **VICTORIA V. GAZO, PhD, CESO V**  
Schools Division Superintendent

DATE: August 12, 2021

**SUBJECT: HEALTH AND WELLNESS FORUM**

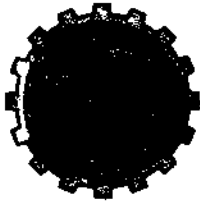
1. Relative to the herein invitation from the Philippine College of Occupational Medicine – Bukidnon Chapter, this Office hereby informs the field of the Virtual Health and Wellness Forum on August 26, 2021, 1:00PM – 4:00PM.
2. All teaching and non-teaching personnel are enjoined to actively participate in the said activity through *Malaybalay City Division – School Health Section Facebook Page* (<https://www.facebook.com/groups/957601738372556>).
3. Widest dissemination of this memorandum is enjoined.

Encl.: As stated

Copy Furnished:  
SGOD-School Health Unit  
Records Unit



Address: Sayre Hi-way, Purok 6, Casisang, Malaybalay City  
Telefax No.: 088-314-0094; Telephone No.: 088-813-1246  
Email Address: [malaybalay\\_city@deped.gov.ph](mailto:malaybalay_city@deped.gov.ph)



PHILIPPINE COLLEGE OF  
OCCUPATIONAL MEDICINE, INC.

Bukidnon Chapter

RECEIVED  
DATE: AUG 25 2021  
TIME: 1:20 PM

**Officers 2019-2020**

**Paul Regie C. Mabelin, MD**  
President

**Stephen Paul M. Bergado, MD**  
Vice-President

**Ava May V. Ortega, MD**  
Secretary

**Conchita B. Bergado, MD**

Treasurer

**Homero B. Gonzales, MD**  
Auditor

**Lorah Lyn A. Del Rosario, MD**  
P.R.O.

**Board of Directors:**

**Dinah G. Abella, MD**  
**Ruth P. Asuncion, MD**  
**Donaldo S. Arrofo, MD**  
**Fe S. Bongcas, MD**  
**Roberto S. Bongcas, MD**  
**Kharla Laarni B. Dinsag, MD**  
**Johanna M. Casan, MD**  
**Amelita B. Castillo, MD**  
**Cedric I. Dael, MD**

**Leslie Joan M. Arcadio-Tauli, MD**  
**Mel N. Waban, Jr. MD**

August 2, 2021

**Victoria V. Gazo, PhD CESO V**  
Schools Division Superintendent  
DepEd Malaybalay City Division  
Malaybalay City

Dear Maam:

Greetings in Good Health and Safety!

The **Philippine College of Occupational Medicine -Bukidnon Chapter** is a medical society that specializes in the field of Occupational Health and Safety. Our aim is promotion and maintenance of highest degree of safety and health in all workplaces to create environment that avoid occurrence of ill health and work accidents.

As it is our aim, we would like to ask for your permission to conduct a Health and Wellness Forum designed in increasing health and safety awareness among school personnel on an essential work related and health topics such as **Eye Strain in the Workplace, Mental Health in the Workplace, Ergonomics in the Workplace and Hypertension**. Our speakers are all experts of their respective topics. We plan to conduct the said virtual activity on August 26, 2021, 1:00PM – 4:00PM.

We are hoping for you kind consideration on this regard.

Sincerely,

**Ava May V. Ortega, MD DPCOM**  
Secretary  
PCOM-Bukidnon Chapter