



Republic of the Philippines
Department of Education
 REGION X - NORTHERN MINDANAO
 DIVISION OF MALAYBALAY CITY

DM-2021-09-576
 DEPED MALAYBALAY CITY
 RELEASED
 DATE 9/23/21 TIME: 3:05
 BY: [Signature]

Division MEMORANDUM

No. 516, s. 2021

TO: Assistant Schools Division Superintendent
 Chief Education Supervisor, SGOD and CID
 Public and Private Elementary and Secondary School Heads
 Youth Formation Coordinators
 School DRRM Coordinators
 All Others Concerned

FROM: **VICTORIA V. GAZO**
 Schools Division Superintendent

DATE: September 6, 2021

SUBJECT: CONDUCT OF MAINTAINING HOLISTIC HEALTH THROUGH PSYCHO-SPIRITUAL APPROACH WEBINAR

1. This Office, through the Social Mobilization and Networking Section of the Schools Governance and Operations Division, will conduct **Maintaining Holistic Health through Psycho-spiritual Approach Webinar via MS Teams** on **September 28, 2021, 9:00 a.m. – 11:00 p.m.**
2. The activity aims to:
 - a. Promote awareness on mental health,
 - b. Provide alternative ways to maintain mental health, and
 - c. maintain mental health through psycho-spiritual approach
3. Expected participants are learners, parents, Division Office personnel, school heads, and teachers of this Division. Due to limited number of attendees allowed in MS Teams, registration shall be required. Those who will not be accommodated in MS Teams may still join via Facebook Live in DepEd Malaybalay DRRM Infoboard.
4. Interested participants may register using the link below:

<https://tinyurl.com/register-pyscho-spiritual>
5. For more information or concerns, contact **Jimdandy S. Lucine**, Division DRRM Coordinator at 09171156864.
5. For widest dissemination.

Encl: Program

Copy Furnished: Records Unit | DRRM



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Enclosure to Division Memorandum No. _____, s. 2021

TIME	NO. OF MINUTES	ACTIVITIES	PERSON IN-CHARGE
September 21, 2021 (Tuesday)			
8:00 – 9:00	1 hour	Login to virtual room	
OPENING PROGRAM			
9:00 – 9:30	30 min	<ul style="list-style-type: none"> • Safety Reminders 	AVP
		Preliminaries <ul style="list-style-type: none"> • National Anthem • Prayer • Provincial Hymn • Division Hymn 	Program Officer
		Opening Remarks	Lorenzo O. Capacio, EdD SGOD Chief
		Message	Victoria V. Gazo, CESO V SDS
TRAINING PROPER			
9:30 – 10:30	1 hour	Maintaining Holistic Health through Psycho-spiritual Approach	Rev. Fr. Virgilio H. Delfin, CPA, DBM President, San Isidro College
10:30 – 10:45	15 min	Open Forum	Jimdandy S. Lucine PDO II, SocMob
10:30 – 11:00	30 min	Closing Program <ul style="list-style-type: none"> • Closing Remarks • Giving of Certificates 	Aliena S. Dajay, CESE Asst. Schools Division Superintendent