



Republic of the Philippines  
**Department of Education**  
REGION X - NORTHERN MINDANAO  
DIVISION OF MALAYBALAY CITY

2021-46507  
DN - 2021 - 10 - 559  
DEPED MALAYBALAY CITY DIVISION  
RELEASED  
DATE:                      TIME: 9:14 PM  
BY: OCT 12 2021

**Division MEMORANDUM**

No. 559, s. 2021

**TO:** Assistant Schools Division Superintendent  
Chief Education Supervisor, SGOD and CID  
Public and Private Elementary and Secondary School Heads  
School DRRM Coordinators  
All Others Concerned

**FROM:**  **VICTORIA V. GAZO**  
Schools Division Superintendent

**DATE:** October 12, 2021

**SUBJECT: CONDUCT OF MANAGING EMOTIONS WEBINAR**

1. This Office, through the Social Mobilization and Networking Section of the Schools Governance and Operations Division, will conduct **Managing Emotions webinar via MS Teams and Facebook Live on October 19, 2021, 9:00 a.m. – 10:30 a.m.**
2. The activity aims to:
  - a. Promote awareness on mental health,
  - b. Provide understanding on emotions, and
  - c. Provide techniques on how to handle emotions especially at this time of pandemic
3. Expected participants are School DRRM Coordinators, parents, teachers, non-teaching personnel, and learners. To join, just login in the link below. Due to limited numbers allowed in MS Teams, those who cannot be accommodated may watch the livestream at DepEd Malaybalay DRRM Infoboard and DepEd Tayo – Malaybalay Facebook Pages.

**<https://tinyurl.com/join-managingemotions>**
4. For more information or concerns, contact **Jimdandy S. Lucine**, Division DRRM Coordinator at 09171156864.
5. For widest dissemination.

Encl: Program

Copy Furnished: Records Unit | DRRM



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### PROGRAM

TIME	NO. OF MINUTES	ACTIVITIES	PERSON IN-CHARGE
<b>October 19, 2021 (Tuesday)</b>			
8:00 – 9:00	1 hour	Login to virtual room	
<b>OPENING PROGRAM</b>			
9:00 – 9:30	30 min	<ul style="list-style-type: none"> <li>• Safety Reminders</li> </ul>	AVP
		Preliminaries <ul style="list-style-type: none"> <li>• National Anthem</li> <li>• Prayer</li> <li>• Provincial Hymn</li> <li>• Division Hymn</li> </ul>	Program Officer
		Opening Remarks	<b>Lorenzo O. Capacio, EdD</b> SGOD Chief
		Message	<b>Victoria V. Gazo, CESO V</b> SDS
<b>TRAINING PROPER</b>			
9:30 – 10:15	45 min	Managing Emotions	<b>Fr. Eric G. Cantones</b> Director/Formator, SJXIII Precollege Seminary
10:15 – 10:20	5 min	Open Forum	<b>Jimdandy S. Lucine</b> PDO II, SocMob
10:20 – 10:30	10 min	Closing Program <ul style="list-style-type: none"> <li>• Closing Remarks</li> <li>• Giving of Certificates</li> </ul>	<b>Aliena S. Dajay, CESE</b> Asst. Schools Division Superintendent