



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

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BY: _____

Division Advisory No. 097, s. 2022
August 30, 2022

Complying with DepEd Order No. 8, s. 2013, this Office issues this Advisory not for endorsement per DO 28, ss. 2001, but for information of DepEd officials, personnel/staff, school heads/principals and the concerned public.

PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. (PGCA) 15th REGIONAL ANNUAL CONFERENCE AND SEMINAR WORKSHOP

Reiterating Regional Advisory No. 184 s. 2022 re: **PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. (PGCA) 15th REGIONAL ANNUAL CONFERENCE AND SEMINAR WORKSHOP** which is self-explanatory.

The venue of the said conference is at **Chali Beach Resort and Conference Center, Cugman, Cagayan de Oro City** on **September 8-9, 2022** with the theme: **"Customizing Disaster Prevention and Reciprocal Self-Care for Mental Health Responders."** The registration fee rates are as follows: On-site (face-to-face): P4,000.00, On-line (via Zoom): P 800.00. Deposit payment to BPI Account Name : PGCA-X, Account No. : 8993-0023-81. For registration, please click the link: <https://bit.ly/15thPGCAXarc> or scan the QR Code.

The participation of both public and private school shall be on a voluntary basis. As such, the participants themselves shall shoulder any registration fees and travel/incidental expenses. Further, their participation shall be subject to *the no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 titled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance therewith*, Section 3 of Republic Act No. 5546 (Policy on Contributions), and DepEd Order No. 66, s. 2017 (Policy on Off-Campus Activities).

Please see the attachment for the complete details.

Queries relative to this can be relayed to **Rosalio P. Arangeo**, Education Program Supervisor, SGOD at 0917 159 4825.

Immediate and wide dissemination of this Advisory is desired.

VICTORIA Y. GAZO, PhD, CESO V
Schools Division Superintendent



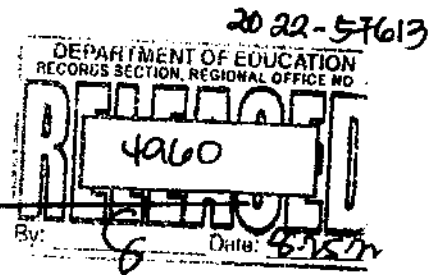
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Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO



Regional Advisory No. 184, s. 2022
August 24, 2022

Complying with DepEd Order No. 8, s. 2013,
this Office issues this Advisory not for endorsement per DO 28, s. 2001,
but for the information of DepEd officials,
personnel/staff, and the concerned public.
(Visit deped10.com)

**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC. (PGCA)
15TH REGIONAL ANNUAL CONFERENCE AND SEMINAR WORKSHOP**

The Philippine Guidance and Counseling Association, Region X Chapter (PGCA X), will hold its **15th Regional Annual Conference and Seminar Workshop** at Chali Beach Resort and Conference Center, Cugman, Cagayan de Oro City, on **September 8-9** with the theme "Customizing Disaster Prevention and Reciprocal Self-Care for Mental Health Responders."

This activity is a competency-based seminar for professional updating, as well as a continuing professional development (CPD) for the participants to earn CPD points necessary for the renewal of licenses of registered guidance counselors (RGC), registered psychologists (RPsy), registered psychometricians (RPm), and licensed professional teachers (LPT) with the Professional Regulations Commission (PRC).

This activity is intended for all registered guidance counselors and/or guidance designates, mental health professionals, teachers, administrators, and graduates in Guidance and Counseling.

Participation in this activity shall be on a voluntary basis. As such, the participants themselves shall shoulder any registration fees and travel/incidental expenses. Further, their participation shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 titled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance therewith*, Section 3 of Republic Act No. 5546 (Policy on Contributions), and DepEd Order No. 66, s. 2017 (Policy on Off-Campus Activities).

Attached is a copy of the invitation for the specific details.

This Office directs the immediate and wide dissemination of this Advisory.

ATCH.: As stated
To be indicated in the Periodical Index
under the following subjects:
PROFESSIONAL DEVELOPMENT COUNSELORS
HRDD/becky



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Department of Education Region 10
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<http://deped10.com>





PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

The Accredited Integrated Professional Organization of the Professional Regulation Commission
LH-101, Guidance and Counseling Office, Xavier University, Corrales Avenue, Cagayan de Oro City
pgcaxsecretariat@gmail.com

August 10, 2022

Dear Colleagues,

Warm Greetings!

The Philippine Guidance and Counseling Association Region X Chapter (PGCA X) will be holding its **15th Annual Regional Conference and Workshops on September 8-9, 2022** (Hybrid edition) face-to-face or virtual via Zoom. It will be in line with the theme **"Customizing disaster prevention and reciprocal self-care for mental health responders"** with relevant topics to take up for the workshops. This conference is aimed to be attended by all guidance counselors from both public and private schools, administrators, psychologists and psychometricians, teachers, social workers, guidance advocates and graduate students in the field of guidance & counseling, education and psychology.

Attached is a copy of the tentative program. Topics which are relevant to guidance and counseling, psychology and education shall be discussed. The workshops are accredited for the PRC Continuing Professional Development (CPD) Program hence, attendance will gain points for the requirements in renewing professional licenses in aforementioned professions.

Registration fee rates are as follows:

On-site (Face-to-Face) : P 4,000.00

On-line (via Zoom): P 800

Deposit payment to **BPI** Acct. Name : **PGCA-X**

Acct. Number : **8993-0023-81**

For registration, please click the link:

<https://bit.ly/15thPGCAXarc> or scan the QR Code



We encourage everyone to register early, for on-site (face-to-face) attendance is limited only to 50 participants. This will enable you to be assured of a slot to be accommodated face-to-face and/ or in our Zoom meeting room.

For more information and registration queries, please email pgcaxsecretariat@gmail.com or the Chapter Officers nearest to your area, Dr. Charito B. Ferrer, Xavier University, Higher Ed. at cferrer@xu.edu.ph or Dr. Rosemarie T Macesar, DepEd Division of Lanao del Norte, at rosetmacosar@yahoo.com or Ms. Jennifer R. Ugat, Xavier University Grade School at jugat@xu.edu.ph

Thank you, keep safe and see you physically and/ or virtually on September 8 and 9.

Very truly yours,

CHARITO B. FERRER, PhD, RGC, Rpm
PGCA X, President



PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.

Region 10 Chapter

Accredited Integrated Professional Organization by the Professional Regulations Commission

15TH PGCA X ANNUAL REGIONAL CONFERENCE AND WORKSHOPS

"Customizing disaster prevention and reciprocal self-care for mental health responders"

September 8-9, 2022

(Hybrid Edition) Face-to-Face and/or Virtual via Zoom

P R O G R A M

DAY 1 - September 8, 2022

- 7:30-8:00 Registration/Admission to Zoom Meeting Room
- 8:15-9:00 INVOCATION
NATIONAL ANTHEM
WORDS OF WELCOME
DR. CHARITO B. FERRER, RGC, Rpm
Chapter President, PGCA X
INTRODUCTION OF PARTICIPANTS
MR. FERDINAND N. LABITAD, RGC
PGCA X Secretary
INTRODUCTION OF THE KEYNOTE SPEAKER
DR. ROSEMARIE T. MACESAR, RGC
Vice President, PGCA X
- 9:00 - 10:00 KEYNOTE ADDRESS
DR. SHEILA MARIE G. HOCSON, RGC, RPsy
President, PGCA - National
AWARDING OF CERTIFICATE
- 10:00 - 11:00 MESSAGE FROM THE DEP-ED REGIONAL DIRECTOR
DR. ARTURO B. BAYOCOT, CESO III
Regional Director, DepEd Region 10
AWARDING OF CERTIFICATE
- 11:00 - 11:30 PAPER PRESENTATIONS
DR. RUSTUM A. SALVAÑA, RGC - " *The Role of Non-Cognitive Factors in Academic Performance: A Structural Equation Modelling Analysis*"
DR. EVELYN I. DOMINGUEZ, RGC, RPsy - " *Brief Cognitive Behavior Therapy(BCBT): Its effectiveness in reducing symptoms of depression and suicidal ideation among college students.*"
- 11:30 - 12:00 PRESENTATION OF NOMINEES & VOTING GUIDELINES - Election Committee
- 1:00 - 5:00 **WORKSHOP 1: "Healthy Minds: Holistic Well-Being For a Better Normal"**
DR. SHEILA MARIE G. HOCSON, RGC, RPsy
National President, Philippine Guidance and Counseling Association

DAY 2 - SEPTEMBER 9, 2022

- 8:00 - 12:00 **WORKSHOP 2: "From Building Personal Resilience to Becoming Antifragile"**-**DR. ALDWIN MURHY A. KWEK, RGC, RPsy**
Counselor, Oroquieta City National High School
- 1:00 - 5:00 **WORKSHOP 3 : "Learning the Art of Self-care"** **MS. JENNIFER R. UGAT, RGC**
Guidance Coordinator - Grade School, Xavier University
- AWARDING OF CERTIFICATES AND CLOSING CEREMONIES