



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

2022-56968

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DEPED MALAYBALAY CITY DIVISION
RELEASED

APPROVED: 8-2022 time: 10:30
By: [Signature]

Unnumbered MEMORANDUM

TO: JIMDANDY S. LUCINE
Project Development Officer II (DRRM)

FROM: VICTORIA V. GAZO
Schools Division Superintendent

DATE: August 15, 2022

SUBJECT: CONDUCT OF BASIC LIFE SUPPORT AND STANDARD FIRST AID TRAINING

1. Pursuant to DepEd Order No. 37, s. 2015 entitled *The Comprehensive Disaster Risk Reduction and Management (DRRM) in Education Framework*, which mandates the offices in the Department to conduct programs and activities that will promote resilience-building in offices and schools, this Office shall conduct **five-day basic life support and standard first aid training** on **September 5 – 9, 2022, 8:00 a.m. – 5:00 p.m.** at **LPT Hall, Bukidnon National High School.**

2. The participants to this training are the following:

- Jimdandy S. Lucine
- Karl Lois Pagaran
- King James Branzuela
- Mayela Lou A. Mellomida
- Lucilyn M. Cahucom
- Paterno Padua, Jr.
- Engr. Leslie T. Fontanilla
- Jennifer L. Madelo, RN
- Hazel B. Marabe, RN
- Keziah Fatima M. Un, RN

3. Meals, snacks, and other allowable expenses shall be charged against **DRRM Support Fund** subject to accounting and auditing rules and regulations.

4. For information.

Encl: Program
Copy Furnished: Records Unit | DRRM



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PROGRAM

TIME	NO. OF MINUTES	ACTIVITIES	PERSON IN-CHARGE
Day One – Basic Life Support Course			
7:30 – 8:00	30 min	Arrival and registration of participants	
OPENING PROGRAM			
8:00 – 8:30	30 min	Opening Program <ul style="list-style-type: none"> • National Anthem, Prayer, Provincial Hymn, Division Hymn • Safety Reminders OPENING MESSAGE	AVP Program Officer Rosalio P. Arango Education Program Supervisor, SGOD
TRAINING PROPER			
8:30 – 9:30	1 hour	Legal Basis of Basic Life Support Training	
9:30 – 12:00	2.5 hour	COMPETENCY I <ul style="list-style-type: none"> • Part A: Principles of Emergency Care 	
12:00 – 12:45	45 min	Lunch Break	
12:45 – 1:00	15 min	Energizer	Program Officer
1:00 – 3:00	2 hours	COMPETENCY I <ul style="list-style-type: none"> • Part B: Introduction to Basic Life Support 	
3:00 – 5:00	2 hours	COMPETENCY II <ul style="list-style-type: none"> • Part A: Cardio-pulmonary Resuscitation 	
Days Two – Basic Life Support Course			
7:30 – 8:00	30 min	Arrival and registration of participants	
8:00 – 10:00	2 hours	COMPETENCY II <ul style="list-style-type: none"> • Part B: Automated External Defibrillator 	
10:00 – 12:00	2 hours	COMPETENCY III <ul style="list-style-type: none"> • Part A: Respiratory Arrest & Rescue Breathing 	
12:00 – 12:45	45 min	Lunch Break	
12:45 – 1:00	15 min	Energizer	Program Officer
1:00 – 3:00	2 hours	COMPETENCY III <ul style="list-style-type: none"> • Part B: Foreign Body Airway Obstruction 	
3:00 – 5:00	2 hours	Return demonstration and evaluation of each participant	
Days Three – Standard First Aid Course			
7:30 – 8:00	30 min	Arrival and registration of participants	
8:00 – 10:00	2 hours	MODULE 1 <ul style="list-style-type: none"> • Session 1: Introduction to First Aid • Session 2: Emergency Action Principle 	
10:00 – 12:00	2 hours	MODULE 2 <ul style="list-style-type: none"> • Session 1: Fever • Session 2: Head and Neck Problems 	
12:00 – 12:45	45 min	Lunch Break	
12:45 – 1:00	15 min	Energizer	Program Officer

TIME	NO. OF MINUTES	ACTIVITIES	PERSON IN-CHARGE
1:00 – 5:00	4 hours	MODULE 2 <ul style="list-style-type: none"> • Session 3: Breathing Emergencies and Heart Attack • Session 4: Abdominal Problems • Session 5: Diabetic Emergencies 	
Days Four – Standard First Aid Course			
7:30 – 8:00	30 min	Arrival and registration of participants	
8:00 – 12:00	4 hours	MODULE 3 <ul style="list-style-type: none"> • Session 1: Allergies • Session 2: Animal Bites and Sting • Session 3: Poisoning • Session 4: Heat Related Problems 	
12:00 – 12:45	45 min	Lunch Break	
12:45 – 1:00	15 min	Energizer	Program Officer
1:00 – 5:00	4 hours	MODULE 4 <ul style="list-style-type: none"> • Session 1: Wounds • Session 2: Burns • Session 3: Musculoskeletal Injuries • Session 4: Splinting 	
Day Five – Standard First Aid Course			
7:30 – 8:00	30 min	Arrival and registration of participants	
8:00 – 12:00	4 hours	MODULE 5 <ul style="list-style-type: none"> • Session 1: Transferring the Injured • Session 2: Mass Casualty Management • Session 3: Drowning • Session 4: Shock • Session 5: Special Emergencies 	
12:00 – 12:45	45 min	Lunch Break	
1:00 – 4:00	3 hours	Practice, Simulation, and Evaluation	
CLOSING/GRADUATION PROGRAM			
4:00 – 5:00	30 minutes	Preparation for the Closing Program	Program Officer
		Message	Victoria V. Gazo, CESO V Schools Division Superintendent
		Closing Message	Lorenzo O. Capacio, EdD Chief Education Supervisor, SGOD
		Awarding of Certificates and Pictorials	Program Officer