



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
DIVISION OF MALAYBALAY CITY

DM-2022-10-538
DEPED MALAYBALAY CITY DIVISION
RELEASED
OCT 07 2022 time: 4:11
By: *[Signature]*

DIVISION MEMORANDUM
No. 538, s. 2022

TO : Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Public Elementary and Secondary School Heads
All Others Concerned

FROM: *[Signature]* **VICTORIA V. GAZO, PhD, CESO V**
Schools Division Superintendent

DATE: October 7, 2022

SUBJECT: **DISSEMINATION OF MEMORANDUM OUGFO No. 2022-03-0371 re:
REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL
MENTAL HEALTH WEEK**

1. Relative to Memorandum OUGFO No. 2022-03-0371 dated October 5, 2022 re: Request for messages of support for the National Mental Health Week, this Office enjoins School Heads to post a video message expressing their pledge of support for the promotion of mental health on their personal/public or their office's or school's official social media accounts, within the National Mental Health Week on October 10-14, 2022.
2. Attached is the copy of the pledge (Annex A). It is requested that the hashtags #MentallyHealthyDepEd and #NationalMentalHealthWeek be used when posting the said video messages.
3. Widest dissemination of this memorandum is desired.

Encl.: As stated

Copy Furnished:
SGOD-School Health Unit
Records Unit



Address: Sayre Hi-way, Purok 6, Casisang, Malaybalay City
Telefax No.: 088-314-0094; Telephone No.: 088-813-1246
Email Address: malaybalay.city@deped.gov.ph



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[OUGFO No. 2022-03-0371] REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL MENTAL HEALTH WEEK

1 message

School Health Division <bloss.shd@deped.gov.ph>

Thu, Oct 6, 2022 at 11:42 AM

To: BLSS-SHD School Mental Health Program <schoolmentalhealth@deped.gov.ph>

Cc: "Mutya C. Raquino" <mutya.raquino@deped.gov.ph>, vanessa.socorro@deped.gov.ph, "Dorothy K. Nunez" <dorothy.nunez@deped.gov.ph>, "Maria Corazon C. Dumlao" <maria.dumlao@deped.gov.ph>, "Gian Erik M. Adao" <gian.adao@deped.gov.ph>, "Luke C. Sismaet" <luke.sismaet@deped.gov.ph>, queen.paraiso@deped.gov.ph

Bcc: malaybalay.city@deped.gov.ph

To the offices concerned (in BCC),

The Bureau of Learner Support Services - School Health Division (BLSS-SHD), respectfully transmits the OUGFO No. 2022-03-0371 re: Request for Messages of Support for National Mental Health Week.

In line with the observance of the National Mental Health Week on October 10-14, 2022, this Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), in coordination with other bureaus and services concerned at the Central Office, enjoins members of the Executive Committee, Bureau, Service and Regional Directors, Schools Division Superintendents (SDSs), and School Heads to post on their personal/public or their office's or school's official social media accounts, within the week of the observance, a video message where they express their pledge of support for the promotion of mental health through their respective roles or in their respective jurisdictions.

Undersecretaries, Assistant Secretaries, and Bureau and Service and Directors are also requested to submit a copy of their video recording, together with a copy of their high-resolution photos, to the Public Affairs Service-Creative Media Unit (pas.cmu@deped.gov.ph), copy furnished janssen.cabrera@deped.gov.ph, on or before October 10, 2022 (Monday).

Kindly acknowledge this email once received.

Thank you.

Sincerely,

Queen Paraiso

Department of Education
Bureau of Learner Support Services
School Health Division
Rm. 302, 3rd Floor, Mabini Bldg.
DepED Complex, Meralco Avenue
Pasig City 1600
(02) 6329935


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Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-0371
MEMORANDUM
5 October 2022

FOR: **Undersecretaries and Assistant Secretaries**
Bureau and Service Directors
Regional Directors and BARMM Minister of Education
Schools Division Superintendents
Elementary and Secondary School Heads

FROM: 
ATTY/REVSEE A. ESCOBEDO
Undersecretary
Governance and Field Operations

SUBJECT: **REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL
MENTAL HEALTH WEEK**

In line with the observance of the National Mental Health Week on October 10-14, 2022, this Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), in coordination with other bureaus and services concerned at the Central Office, enjoins **members of the Executive Committee, Bureau, Service and Regional Directors, Schools Division Superintendents (SDSs), and School Heads** are enjoined to post on their personal/public or their office's or school's official social media accounts, within the week of the observance, a *video message* where they express their **pledge of support** for the promotion of mental health through their respective roles or in their respective jurisdictions.

Attached is copy of the pledge (**Annex A**). It is requested that the hashtags **#MentallyHealthyDepEd** and **#NationalMentalHealthWeek** be used when posting the said video messages.

At the Central Office, Undersecretaries, Assistant Secretaries, and Bureau and Service and Directors are also requested to submit a copy of their video recording, together with a copy of their high-resolution photos, to the Public Affairs Service-Creative Media Unit through email at pas.cmu@deped.gov.ph, copy furnished janssen.cabrera@deped.gov.ph, on or before October 10, 2022.

The observance of the **National Mental Health Week** every second week of October of every year has been institutionalized in the country through Presidential Proclamation No. 452, s. 1994. The theme for this year's observance, as announced by the Department of Health, is "*Mental Health and Wellbeing for All: Promoting Mental Health in Physical and Virtual Spaces.*"

By joining the observance, we aim to bring together DepEd stakeholders and enjoin them to take part in ensuring the mental health and well-being of all personnel, learners, and other players both in school and physical workspaces and online.

For questions and concerns, please contact **Gian Erik M. Adao**, Education Program Specialist II, or **Luke C. Sismaet**, Technical Assistant II, BLSS-SHD through (02) 8-632-9935 or email at blss.shd@deped.gov.ph.

ANNEX A

Pledge of Support

I, _____ of
_____, commit to help promote mental health and well-being in the Department of Education by _____

_____.

Together, let us continue to build a Department of Education in which mental health is valued, promoted and protected; where everyone has an equal opportunity to enjoy mental health and to exercise their human rights; and where everyone can access the mental health care they need. Together, let us continue to build a **#MentallyHealthyDepEd**.

Pangako ng Suporta

Ako, si _____ ng
_____, ay nangangakong isusulong ang kalusugang pangkaisipan at kaginhawaan sa Department of Education sa pamamagitan ng

_____.

Sama-sama nating ipagpatuloy ang pagbuo ng Department of Education bilang isang kagawaran kung saan ang kalusugang pangkaisipan ng bawat isa ay pinahalagahan, isinusulong, at pinapangalagaan, kung saan ang bawat isa ay may pantay na pagkakataong matamasa ang kalusugang pangkaisipan bilang isa sa kanilang mga karapatan, at kung saan ang bawat isa ay mayroong malalapitan sa panahon ng pangangailangan. Sama-sama nating itaguyod ang isang **#MentallyHealthyDepEd**.